

## THE PRINCIPLE OF STRICT LIABILITY

This means that every athlete is strictly liable for the substances found in their urine and/or blood sample collected during doping control, regardless of whether the athlete intentionally or unintentionally used a prohibited substance or method. In short, if it is in the athlete's body, the athlete is responsible for it.

Therefore, it is essential that the athletes as well as Athlete Support Personnel know the rules and understand their responsibilities under the code. Take the e-learning course [ADEL](#) to learn more.

