



KARATE

WORLD CUP

NATIONAL TEAM CHAMPIONSHIPS
NAVARRA / PAMPLONA 2024



22nd – 24th
November 2024
Navarra-Pamplona
SPAIN

Bulletin N° 3

CONTENTS

1. WELCOME MESSAGE	3
1.1 Greeting from President of the World Karate Federation	3
1.2 Greeting from President of the Spanish Karate Federation	4
2. INTRODUCTION	5
3. COMPETITION INFORMATION	5
3.1 Modalities/Categories	5
4. CONTACT INFORMATION	7
4.1 Organizers contact details.	7
4.2 Safe Sport contact	7
5. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS	8
6. BACK NUMBERS	10
7. EVENT SCHEDULE	10
8. DRAW	10
9. COMPETITION PROGRAMME	11
10. OPENING CEREMONY	12
11. REGISTRATION	12
11.1.1 Online Registration for Delegations (Teams/Athletes, Referees, Coaches and Officials)	12
11.1.2 Entry Fee	12
11.1.3 Payment	12
11.1.4 Onsite Athletes and Officials Accreditation Sessions and Changes	13
12. REFEREES	13
13. COACHES	14
13.1 Onsite Coach Accreditation Sessions	14
14. PRESS / MEDIA	15
14.1 Registration for Press / Media	15
14.2 Press / Media Access	15
14.3 TV Production	15
14.4 YouTube Streaming	15
15. MANDATORY DOCUMENTS	15
16. ANTI DOPING EDUCATION	16
17. THE VENUE	16

17.1	Lunch services at the Venue.....	17
18.	TICKETS FOR SPECTATORS	19
19.	ACCOMMODATION	20
19.1	Headquarter Hotel	20
19.2	Official Hotels.....	20
19.3	Hotel Rates	24
19.4	Reservation, payment and cancellation	24
19.4.1	Reservation.....	24
19.4.2	Payment.....	25
19.4.3	Cancellation.....	25
19.5	Airport transfer rates.....	25
19.6	Official Travel Agency.....	25
20.	VISA	26
21.	THE HOST CITY	26
21.1	About Pamplona	26
22.	HOW TO GET TO THE CHAMPIONSHIPS.....	27
22.1	By Air	27
22.2	By Train.....	28
22.3	By Bus.....	28
23.	PRACTICAL INFORMATION.....	28
23.1	Opening Hours (Shops/Pharmacies).....	28
23.2	Currency.....	28
23.3	Electricity.....	28
23.4	Time	28
23.5	Weather	28
23.6	Transports in the city	28
23.7	Important Phone Numbers.....	29
23.8	Communication	29
24.	INSURANCE	29
25.	OMISSIONS	29

1. WELCOME MESSAGE

1.1 Greeting from President of the World Karate Federation

As we embark on the historic journey of the inaugural Karate World Cup - National Team Championships -, set to unfold in Pamplona, Spain, from November 22 to 24, 2024, I find myself filled with a profound sense of pride and anticipation.



These championships mark the genesis of a new era for Karate. In our continuous pursuit of innovation and excellence, we decided to split the World Championships into two distinct events: the Karate World Cup and World Karate Championships. This strategic move aims to provide our athletes with a platform to showcase both their individual prowess and their collective strength as a team.

Now that we move on to experience the thrills of the team competition, the first edition of the Karate World Cup - National Team Championships -, undoubtedly, will be the stage where the excitement and values of our sport are elevated to its pinnacle.

In Pamplona, we are poised to continue the legacy of excellence set forth by the preceding editions of karate's biggest events. It is only fitting that this anticipated event takes place in Spain, a country that has hosted the World Senior Championships on four previous occasions in Madrid in 1980, Granada in 1992, Madrid in 2002, and in Madrid again in 2018. Spain's rich history with karate events reflects not only the passion of the country for the sport but also its unparalleled ability to create a welcoming and memorable experience for participants and spectators alike.

For this, I extend my heartfelt gratitude to the Royal Spanish Karate Federation and its President, Antonio Moreno, for hosting this landmark event. Their dedication and tireless efforts in ensuring the smooth execution of these championships are commendable and an example to future hosts of the event.

Also, I extend my best wishes to all the participating teams and athletes. of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós Ortueta

President of the World Karate Federation

1.2 Greeting from President of the Spanish Karate Federation

Dear friends,

It is an honor for me as president of the Royal Spanish Federation of Karate and Associated Disciplines and as a member of the Executive Committee of the World Karate Federation, to invite you to this magnificent place as is Navarra, where we will dispute the first edition Karate World Cup - National Team Championships -, thus returning to make history in international sport.

The Navarra Arena will be the stage where this historic moment will be disputed, which will give Navarra a new sporting status at international level.

Thanks to institutions and sponsors for bringing this magnificent event to Spain and to the World Karate Federation with our president and friend Mr. Antonio Espinós at the head of this project, for betting on our organizational experience, amply demonstrated over the years.

I invite all National Federations to participate in this historic moment, and all fans and friends of Karate, to enjoy the best international teams, in this unique environment, which is Spain.

Antonio Moreno Marqueño

President of the Spanish Karate Federation



2. INTRODUCTION

A total of 80 teams, 20 teams per modality/category (Kumite and Kata / Male and Female), can qualify with limitation of one team per country per modality/category for Karate World Cup - National Team Championships -.

The Karate World Cup - National Team Championships - Competition System is composed by the Group Phase (Round-robin, R-r), Quarter-Finals, Semi-Finals and medal matches. Each category will be awarded 1 gold, 1 silver and 1 bronze.

3. COMPETITION INFORMATION

3.1 Modalities/Categories

	Team Kata	Team Kumite
Male	4 Athletes per team (3 + 1 sub)	7-8 Competitors per team (5 + 2 compulsory sub. + max. 1 optional subs.)
Female	4 Athletes per team (3 + 1 sub)	4-5 Competitors per team (3 + 1 compulsory sub. + max. 1 optional sub)

In kumite the men's team must consist of minimum 7, and maximum 8, Competitors.

In kumite the woman's team must consist of minimum 4, and maximum 5, Competitors.

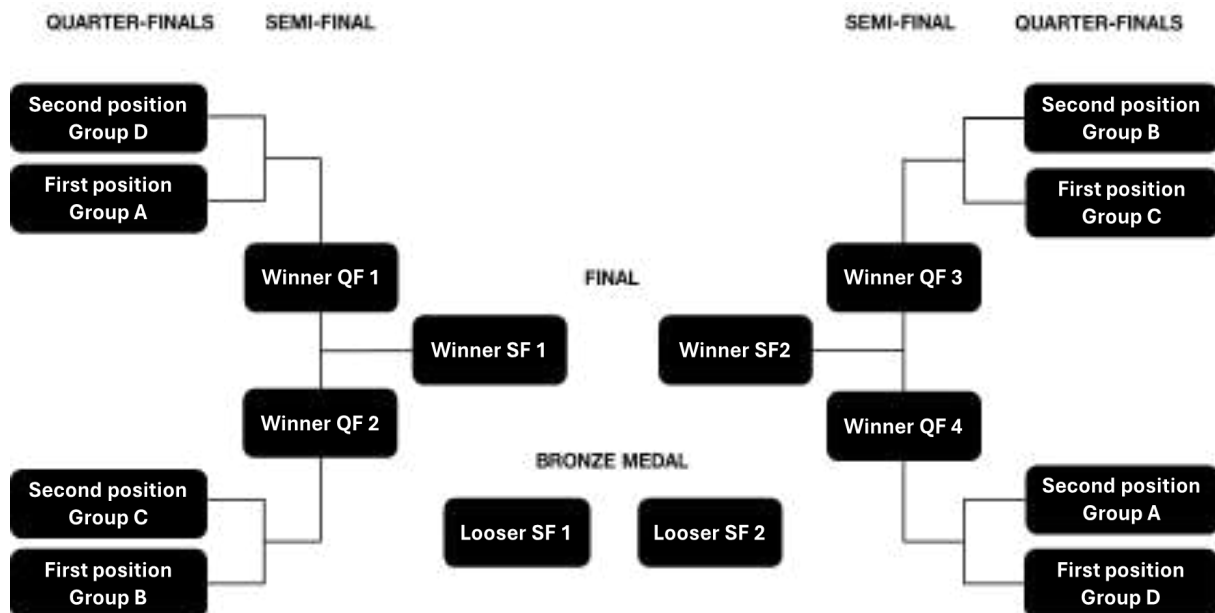
3.2 Competition System

Group Phase

There will be a total of 20 teams divided into 4 groups resulting in 5 teams per group.

Elimination Phase

After the Group Phase, the two first classified teams in each group qualify to the Quarter-Finals where the bout winners head to the Semi-Finals and the losers of the Semi-Finals head to the bronze medal match, and the winners to the Final.



4. CONTACT INFORMATION

4.1 Organizers contact details.

Real Federación Española de Karate

C/ Vicente Muzas, 4. 28043 Madrid

Phone +34 91 535 95 87

Juan Jimenez Santamaría

email: events.assistant@rfek.es

4.2 Safe Sport contact

WKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Any incident can be reported via the [WKF Official Complaint Form](#) and sent to: safekarate@wkf.net

5. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS

The World Championships complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2024 Karate World Cup - National Team Championships -.

SPORT PROTECTIONS “WKF Approved”



*Click on the logos

CHECK THE COMPULSORY PROTECTIONS FOR THIS COMPETITION

Click on the image to visit the distributors by countries.



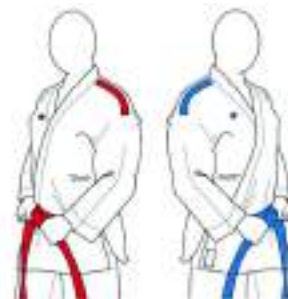
OFFICIAL KARATEGI FOR WKF TEAMS WORLD CHAMPIONSHIPS

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED or BLUE** are of mandatory use in Karate World Cup - National Team Championships -.

The incumbent World Team Champions must wear karategis with the brand name embroidered in GOLD on the shoulders in instead of the red or blue embroidered.

According to the point 2.2 of the;

- WKF Kumite Competitions Rules
- WKF Kata Competition Rules



The authorized companies to use these karategis models are:

<u>ADIDAS</u>	<u>ARAWAZA</u>	<u>BESTSPORT</u>	<u>BUDO-NORD</u>
<u>DAEDO</u>	<u>HAYASHI</u>	<u>PUNOK</u>	<u>SHUREIDO</u>
<u>SMAI</u>	<u>TOKAIDO</u>	<u>WACOKU</u>	<u>WESING</u>
<u>BLITZ</u>	<u>FIGHT ART</u>	<u>FUJIMAE</u>	<u>HAYATE</u>
<u>HIROTA</u>	<u>IPON</u>	<u>ITAKI</u>	<u>KAITEN</u>
<u>KAMIKAZE</u>	<u>KIHON</u>	<u>KO</u>	<u>KWON</u>
<u>MACS</u>	<u>MIZUNO</u>	<u>MOOTO</u>	<u>MUVON</u>
<u>NAGASHI</u>	<u>SFJAM NORIS</u>	<u>TOKYODO</u>	

*Click on the buttons

TATAMIS “WKF Approved”



*Click on the logos

6. BACK NUMBERS

The use of back numbers is **compulsory** for all the competitors participating in the Karate World Cup - National Team Championships -, during all the eliminations and medal bouts.

The WKF will send the back numbers to the National Federations with qualified teams in sufficient time for their sewing on the karategi.

Please note that the back numbers must be perfectly sewed to the Karate jackets. Failing to correctly sew the back numbers may result in the disqualification of the competitor.

7. EVENT SCHEDULE

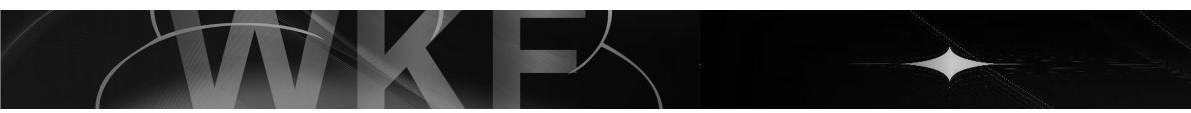
Thursday	21.11.2024	Location	
09:00 – 16:00	Athletes and Officials Accreditation Sessions.	HQ Hotel	Room: Cristina
16:00 – 18:00	Coach Accreditation Session and Meeting		Room: Enrique IV
17:00 – 18:00	Referee Commission Meeting		Room: Belagua
18:00 – 19:00	Medical Commission Meeting		Room: Belagua
19:00 – 20:00	Referee Briefing		Room: Enrique IV

8. DRAW

The draw will take place on October 21st, 2024.

The draw will be held online and will be streamed on the official WKF YouTube channel.

According to point 3.1 of the WKF Qualification System for WKF Championships



9. COMPETITION PROGRAMME

Friday – 22nd November 2024

09:00 – 10:30 h	KATA FEMALE	
10:30 – 19:00 h	KUMITE MALE	
	10:30 – 14:40 h	<i>Kumite Male Groups 1 - 2</i>
	14:40 – 18:50 h	<i>Kumite Male Groups 3 - 4</i>
19:00 – 19:10 h	Quarter - final	KATA FEMALE
19:10 – 20:00 h	Quarter - final	KUMITE MALE

Saturday – 23rd November 2024

09:00 – 10:30 h	KATA MALE	
10:30 – 15:30 h	KUMITE FEMALE	
	10:30 – 13:00 h	<i>Kumite Female Groups 1 - 2</i>
	13:00 – 15:30 h	<i>Kumite Female Groups 3 - 4</i>
15:30 – 15:40 h	Quarter - final	KATA MALE
15:40 – 16:10 h	Quarter - final	KUMITE FEMALE
16:30 h	OPENING CEREMONY	
	<i>Semifinals</i>	
17:30 – 17:40 h	<i>Kata Female</i>	
17:40 – 18:30 h	<i>Kumite Male</i>	
18:30 – 18:40 h	<i>Kata Male</i>	
18:40 – 19:10 h	<i>Kumite Female</i>	

Sunday – 24th November 2024

BRONZE MEDALS & FINALS		
11:00 – 11:15 h	<i>Kata Male – Bronze Medal</i>	
11:15 – 11:30 h	<i>Kata Male – FINAL</i>	
11:30 – 11:45 h	<i>MEDALS AWARD</i>	
11:45 – 12:15 h	<i>Kumite Female – Bronze Medal</i>	
12:15 – 12:45 h	<i>Kumite Female - FINAL</i>	
12:45 – 13:00 h	<i>MEDALS AWARD</i>	
13:00 – 15:00 h <i>LUNCH TIME</i>		
15:00 – 15:15 h	<i>Kata Female – Bronze Medal</i>	
15:15 – 15:30 h	<i>Kata Female – FINAL</i>	
15:30 – 15:45 h	<i>MEDALS AWARD</i>	
15:45 – 16:45 h	<i>Kumite Male – Bronze Medal</i>	
16:45 – 17:45 h	<i>Kumite Male - FINAL</i>	
17:45 – 18:00 h	<i>MEDALS AWARD</i>	
18:00 h	CLOSING CEREMONY	

10. OPENING CEREMONY

All delegations must remain in the established area for preparation of the Opening Ceremony on Saturday 23 November 2024 at 16:30 h.

11. REGISTRATION

Athlete Registration for the Karate World Cup - National Team Championships - is based on the [Allocation Criteria](#).

List of the Qualified and Confirmed National Teams for the event.

(Pending confirmation of the national teams that will qualify in the next AKF Senior Championships to be held from 20-22 September 2024 in Hangzhou (China)).

The qualified and confirmed National Federations must register the athletes and members of its delegation (referees, coaches and officials) online within the following periods:

11.1.1 Online Registration for Delegations (Teams/Athletes, Referees, Coaches and Officials)

The online registration will start on 22 August 2024 at 12:00 (GMT +0) and will close on 7 November 2024 at 12:00 (GMT +0).

All registrations in a Karate World Cup must be processed online.

No registration will be accepted after the official online registration deadline.

Onsite registration will not be accepted.

Should you have any technical difficulties when registering, please contact support@sportsid.org.

11.1.2 Entry Fee

The entry fee is € 300 per Team.

11.1.3 Payment

Payment can be processed by bank transfer to the bank details provided below or in cash during the onsite accreditation session.

BANK DETAILS:

Name of the Bank	LA CAIXA
Bank Address	C/Alberto Aguilera, 62 28005 Madrid
SWIFT / BIC Code	CAIXESBBXXX
Account number by currency:	IBAN CODE
EUR (Euros)	ES13 2100 6703 6702 0017 1386 *

USD (Dolars)	ES34 2100 6703 6972 0060 3680 *
Beneficiary	Federación Mundial de Karate
Beneficiary's address	Calle Princesa 25 3º1 28008 Madrid

CASH PAYMENTS WILL ONLY BE ACCEPTED IN EUR/USD

11.1.4 Onsite Athletes and Officials Accreditation Sessions and Changes

The onsite Athletes and Officials Accreditation Sessions will take place at the HQ Hotel, room Cristina, on 21 November 2024, from 09:00 h to 16:00 h.

The accreditations of athletes and officials will be handed over to the representative of the National Federation upon presentation of the passport of each athlete and official.

Onsite accreditations change fee: 50 EUR as per the [WKF Fees & Conditions](#)

12. REFEREES

The minimum level required for referees to register and officiate at Karate World Cup is:

“Kumite Referee A and/or Kata Judge A”.

The Referees categories allowed to register in Pamplona Karate World Cup - National Team Championships - (see [“Conditions and Requirements of Referees 2024”](#)) are listed below;

- a. WKF Referee Commission
- b. The WKF will appoint 25 Officials according to the criteria described bellow;
 - o Highest WKF license Kumite Referee-A and Kata Judge-A
 - o Compliance with the Referees' requirements for attending a WKF World Championships, including one extra Premier League
 - o Activity attendance according to the WKF Referee Ranking
 - o Universality (Continental Federations)

The list of 25 referees will be published before the start of the online registration on 15th July

- c. NFs will be allowed to register a maximum of TWO referees per NF that complies with the overall established annual requirements, regardless of those nationalities already included with those appointed by the WKF under points a) and b) above.

The online registration will start on 15 July 2024 at 12:00 (GMT +0) and will close on 1 October 2024 at 12:00 (GMT +0).

All registrations in a Karate World Cup must be processed online.

No registration will be accepted after the official online registration deadline.

Onsite registration will not be accepted.

Should you have any technical difficulties when registering, please contact support@sportsid.org.

13. COACHES

The minimum level required for coaches to register and officiate at Karate World Cup is:

“WKF Certified Kumite/Kata Coach” certification

In the forthcoming World Cup in Pamplona for national teams, each team will be allowed a second licensed coach for the team.

Only one coach may be present in the coach box, the second coach must be seated with the rest of the team members and follow the instructions of the officials. The second coach must maintain order among the team members waiting for their bout and can only communicate with the team members waiting to participate. Coaches not adhering to this will be removed from the field of play.

Please note that Pamplona will not be celebrating a WKF Programme for WKF Coaches, Being able to obtain the necessary coaching certification to officiate in Karate World Cup in any of the Programmes for WKF Coaches listed in the [Coaches' Calendar](#).

The online registration will start on 22 August 2024 at 12:00 (GMT +0) and will close on 7 November 2024 at 12:00 (GMT +0).

All registrations in a Karate World Cup must be processed online.

No registration will be accepted after the official online registration deadline.

Onsite registration will not be accepted.

Should you have any technical difficulties when registering, please contact support@sportsid.org.

13.1 Onsite Coach Accreditation Sessions

All online coach registrations must be re-confirmed in person by the coach during the onsite coach accreditation session.

Coach accreditations will be handed out in person to each coach after attending the Coach Meeting.

14. PRESS / MEDIA

14.1 Registration for Press / Media

Media professionals may use the online form to register. [CLICK HERE](#) to register.

Press accreditation can only be given to professional journalists working for a media outlet and having proof of their credentials. The media passes may be collected at the accreditation desk at the venue or at the Headquarters hotel during the Registration Day.

14.2 Press / Media Access

Access to media work areas is restricted to credentialed journalists and photographers covering the event. Accredited journalists will only have access to the designated Media areas (Press Tribune, Mixed Zone).

14.3 TV Production

The WKF owns all the rights pertaining to TV issues of the World Championships.

The Karate World Cup - National Team Championships - will be broadcast on a number of TV and media platforms. The competition will be available to a worldwide viewing audience through a high-quality TV production which will be provided to TV networks around the world following the agreements of the WKF with these networks.

Due to these agreements **VIDEO RECORDING WILL NOT BE ALLOWED UNDER ANY CIRCUMSTANCES.**

No credentialed media may take video footage (including digital) without prior written consent from the WKF. Only TV rights holders will be allowed to film and record footage of the competition. The WKF reserves the right to revoke credentials for unprofessional behaviour or conduct.

14.4 YouTube Streaming

The eliminations of the 2024 Karate World Cup - National Team Championships - will be available by streaming on [WKF YouTube Channel](#)

Additionally, the medal bouts will also be available by streaming on the [WKF YouTube Channel limited to those countries without TV rights](#).

In the countries where TV networks have acquired the rights to distribute the event, the medal bouts will be available only in the [listed TV channels](#).

15. MANDATORY DOCUMENTS

The following [Waiver of Liability Forms](#) must be submitted by the Team Representative at the onsite registration

The NF/Team Representative takes full responsibility for the validity of all signatures and information provided.

16. ANTI DOPING EDUCATION

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules.

Click the [here](#) to take an Anti-Doping Education & Learning Course and learn more about your responsibilities. Also, you can visit our [website](#).



Course Recommendations

International-level Athletes Education

High Performance Coach Education

Medical Professionals Education

Parents of Elite Athletes Education

17. THE VENUE

NAVARRA ARENA

Address: Pl. Aizaguerria, nº 1, 31006 Pamplona, Navarra

<https://www.navarrarena.com/en>






OFFICIAL TATAMI FOR THIS TOURNAMENT

17.1 Lunch services at the Venue

The Spanish Karate Federation will provide meals at the Venue for the National Federations.

The price is 20 euros per person and day.

The menu includes first and second course (buffet), dessert and water.

The lunch tickets will be handed out during the registration.

The applications will be dealt with following first come/first serve policy.

Deadline to reserve the service and make the payment: 8th November 2024. From that date, if there is availability, the price to apply is 25 euros per person/day.

National Federation:				
Hotel:				
Contact Person:				
Mobile				
Email				
Date	Number		Price	Subtotal
Friday 22nd November		x	20 €	_____ €
Saturday 23th November		x	20 €	_____ €
Sunday 24th November		x	20 €	_____ €

Total	_____ €
-------	---------



Lunch at the Venue payment policy:

BENEF.	NAVARRA ARENA
BANK:	CAIXA
IBAN:	ES33 2100 9161 4522 0015 2635
SWIFT:	CAIXESBBXXX

Reference: CATERING + National Federation

Please, send the copy of the bank transfer and the booking form filled by email: karatelunch@navarrarena.es (operational from June 2024)

Bank transfer costs will be supported by the sender.

Please, take note that the 100% deposit will be compulsory to confirm the service.

Lunch at the Venue cancelation policy:

Before 8th November	No cancellation fee
From 9th November	100 % cancellation fee

MENU FOR THE 3 DAYS

Friday 22		
First course	Second course	Dessert
Salad buffet (halal)	Hake in green sauce (halal)	Fruit
Rice with tomato	Roast chicken	Yoghurts
	Beef (Halal)	

Saturday23		
First course	Second course	Dessert
Salad buffet (halal)	Ajoarriero (Halal)	Chocolate sponge cake
Pasta boloñesa	Beef on the grill	Flan
	Lamb stew (Halal)	

Domingo 24		
First course	Second course	Dessert
Salad buffet (halal)	Tuna with tomato (halal)	Fruit salad
Cannelloni	Pork cheeks stew	Yoghurts
	Chicken stew (Halal)	

Halal option will be included every day. Also on pasta days the bolognese will be served separately so you can have more choice.

18. TRAINING FACILITIES - BOOKING

According to the point 2.10 of the WKF Organising rules, the LOC will provide training facilities in the Navarra Arena to the National Federations who submit the relevant applications in due time, with a place and time for training. The application through email events.assistant@rfek.es must be received before **November 4th**.

Transportation to the training area will be provided at a cost. For the Training inquires, requests and bookings, please send mail to reservas.bcdsports@bcdme.es.

19. TICKETS FOR SPECTATORS

The prices for attending the competition are the following:

- **Friday, 22nd November: 20,00 euros.**
- **Saturday, 23rd November: 20,00 euros.**
- **Sunday, 24th November: 25,00 euros.**
- **3 days Pass: 50,00 euros.**

You can acquire the tickets through the following link:

TICKET SALE

Operational as of July 1st at 10.00 GMT +2

Discounted prices for advance purchase to National Federations and their teams.

Discount code: **NAV24**

- Until July 31: 10% off
- Until September 30: 5% off

Children under 6 years old free (going to the box office to pick up an invitation).

20. ACCOMMODATION

20.1 Headquarter Hotel

HOTEL TRES REYES 4*

C. Taconera, 1, 31001 Pamplona, Navarra
4 km to the Venue

Set in Taconera Park gardens, this modern hotel is situated in the very centre of Pamplona, close to the conference center and Navarran Auditorium.

The Tres Reyes hotel has all the services and facilities to help make your stay pleasant and relaxing. Guests can enjoy the summer swimming pool and garden. There is also access to the Ulzama Golf Club.

The hotel is conveniently located next to the city's historical centre, its varied cultural attractions are within easy reach.



5,7 km to the Venue



A hotel with a local heart, located right in the center, which will allow you to visit the most emblematic places of the city on foot and discover its magical corners.

The rooms are specially cared for so that you let your dreams fly in a context of tranquility and comfort in Navarra.

Hotel Maisonnave offers you a wide gastronomic offer thanks to the Caravinagre Cafeteria Bar, where you can enjoy local cuisine without leaving the hotel.



HOTEL ALBRET 4*

C. de Ermitagaña, 3, 31008 Pamplona, Navarra
3,9 km to the Venue

In the heart of Pamplona and in a strategic point of the city, you will find the Hotel Albret, a modern and comfortable hotel where you can relax and enjoy Pamplona. Located on an avenue that connects directly with the Old Quarter of Pamplona, just a few metres from the Clinic and University of Navarra, the "Pablo Sarasate" Conservatory and the main industrial and tourist centres.

The facilities and services are constantly evolving to offer you the best of us. The hotel is the ideal place for leisure or business stays, as we have rooms and services adapted to them.



HOTEL SANCHO RAMIREZ 3*

C. Sancho Ramírez, 11, Bajo, 31008 Pamplona, Navarra
3,7 km to the Venue

The Sancho Ramirez hotel is located in Pamplona, next to the University of Navarra. The rooms at the Sancho Ramirez property have air conditioning and free WiFi. The hotel is a 5-minute drive from the center of Pamplona.

This accommodation offers great views of Yamaguchi Park. Decorated in warm tones, the bright rooms have wooden floors and satellite TV, as well as a desk and minibar.



HOTEL HOLIDAY INN EXPRESS PAMPLONA 3*

Area Comercial Galaria, Pamplona
2,4 km to the Venue

Set in the region's largest shopping centre, this new, modern hotel offers clean, comfortable accommodation and a convenient location with great road access.

Holiday Inn Express Pamplona forms part of La Morea centre and is set close to the A-15 motorway. There is a bus stop 5 minutes' walking away, which connects guests to the city centre. The hotel is located 1.5 km from the Navarra Arena and the El Sadar stadium, a 15-minute walk or a 3-minute drive away

Take advantage of on-site facilities such as the indoor garage. You can also start each day with the hotel's delicious buffet breakfast.



HOTEL LEYRE 3*

C. de Leyre, 7, 31002 Pamplona, Navarra
3,1 km to the Venue

The Hotel Leyre is a recently modernized and elegant hotel in the center of Pamplona, very close to Calle Estafeta and the Plaza de Toros. Its facilities are completely renovated and it enjoys personalized attention that will make you feel at home.

The hotel in Pamplona has all the necessary services to make your stay relaxed and carefree in Pamplona. With a modern and very pleasant decoration, this central hotel in Pamplona has 55 perfectly equipped rooms. The hotel has free Wi-Fi Internet and is ideal for a few days visiting the capital of Navarra.



HOTEL IBIS STYLE PAMPLONA NOAIN 3*

Calle Real, C. Merindad de Pamplona, Sn, 31110 Noáin, Navarra
4,7 km to the Venue

This modern hotel is just 200 metres from the entrance to Pamplona Airport. There is a shuttle bus between the hotel and the city centre, 5 minutes away. Pamplona is famous for its rich history and the San Fermines Festival. The Hotel Ibis Styles Pamplona Noain offers easy access to the city centre.

The Ibis Styles Pamplona Noain is in a quiet area. The university campus and the Football Stadium are both nearby. The hotel has free WiFi in all rooms and public areas. These include a restaurant and a bar. Hotel Ibis Styles Pamplona Noain offers bike storage, and staff can provide you with information about bike routes in the area.





20.3 Hotel Rates

No.	HOTEL NAME	STAR RATING	Prices in EURO (€) per night and room			
			Meal	Single	Double	Triple
1	TRES REYES	4	27 €	119 €	140 €	191 €
2	MAISSONAVE	4	24 €	119 €	137 €	185 €
3	ALBRET	4	21 €	109 €	129 €	TBC
4	SANCHO RAMIREZ	3	22 €	113 €	147 €	220 €
5	HOTEL HOLIDAY INN EXPRESS PAMPLONA	3	19 €	112 €	123 €	180 €
6	HOTEL LEYRE	3	-	112 €	129 €	-
7	IBIS STYLE PAMPLONA NOAIN	3	19 €	89 €	117 €	-

20.4 Reservation, payment and cancellation

20.4.1 Reservation

- Rates per room and night in Bed & Breakfast
- VAT included.
- Minimum 4 nights, for shorter stay please consult.
- Ask about availability dinner at the hotel.
- It will be considered as a reservation if the 1st payment has been done.
- Confirmation subject to availability at the booking request.

20.4.2 Payment

- 50% in order to confirm the reservation.
- 50% before the October 18th, 2024
- It is very important do payments in dates fixed in order to confirm your reservation.

20.4.3 Cancellation

- 1st deposit non-refundable deposits
- Cancellations after October 18th, 2024, not refunds will be possible

20.5 Airport transfer rates

Prices in EURO (€) per vehicle				
	SEDAN (3 PAX)	VAN (5 -7 PAX)	MICROBUS (16 PAX)	BUS (54 PAX)
Noain Airport (PNA) - Hotel	50 €	72 €	300 €	316 €
Bilbao Airport (BIO) - Hotel	259 €	297 €	716 €	753 €
Pamplona Train Station - Hotel	50 €	72 €	300 €	313 €

For other options contact: reservas.bcdsports@bcdme.es

20.6 Official Travel Agency

BCD SPORTS

Email: reservas.bcdsports@bcdme.es

Phone: +34 913990179

21. VISA

Entry requirements:

<https://www.interior.gob.es/opencms/en/servicios-al-ciudadano/tramites-y-gestion/es/extranjeria/control-de-fronteras/entrada-en-espana/>

List of nationals of third countries required to be in possession of a valid visa:

<https://eur-lex.europa.eu/legal-content/EN/TXT/HTML/?uri=CELEX:02018R1806-20210101&from=ES>

Please submit this **VISA APPLICATION FORM** before **1st October** in order to provide you with the paperwork with sufficient time. Should your request arrive after this deadline, the Spanish Karate Federation does not guarantee visa obtaining for team members and team officials.

E-mail: events.assistant@rfek.es

22. THE HOST CITY

22.1 About Pamplona

Pamplona, capital of Navarra. Pamplona is located in the north of the Iberian Peninsula. It stretches along both banks of the River Arga and is crossed by two other rivers, the Elorz (a tributary of the Arga) and the Sadar (a tributary of the Elorz).

Historically, it is said that the city was founded in 74 BC by the Roman general Pompey as Pompaelo or Pompelo on a pre-existing settlement of supposedly Basque origin, perhaps called Olcairun,⁸ perhaps Bengoda,⁹ although no classical historical source records this information; Strabo does mention, without specifying details, that the foundation of Pamplona was the work of Pompey. From then on, the city became one of the most important towns in the territory of the Vascons. After the invasions of the Germanic peoples in the 6th century, the Visigothic kingdom of Toledo briefly established itself in Pamplona but maintained continuous campaigns against the Vascons. The subsequent Muslim conquest of the Iberian Peninsula in the 8th century succeeded in bringing Pamplona into submission, although it did not manage to completely dominate the territory of the Basques.

During the first half of the 9th century, the local nobility, with the alliance of the Banu Qasi family, managed to consolidate a nucleus of independent power led by Íñigo Arista, who turned the civitas of Pamplona into the capital of the Kingdom of Pamplona, a title first used by Sancho Garcés I; this same kingdom, in the middle of the 12th century, would come to be called the Kingdom of Navarre. In 1423 Charles III of Navarre issued the Privilege of the Union, which unified the three boroughs of Pamplona into a single city. In 1512 it was occupied by troops sent by Ferdinand the Catholic, under the command of the Duke of Alba, although it was later recovered in 1521 by the loyalists. With the final defeat of the Navarrese at Noáin, it was annexed to the Hispanic Monarchy along with the peninsular part of the former kingdom.

Its historical and monumental heritage, as well as the various celebrations that take place throughout the year, make it a city that receives both national and international tourism. The San Fermín, of international fame, stand out, filling its streets with thousands of foreigners from all over the world. The festivities begin with the launching of the chupinazo (rocket) from the balcony of the town hall at midday on 6 July, and end at midnight on 14 July with the Pobre de mí, a farewell song. Their worldwide fame is a recent phenomenon, also linked to the publicity given to them by the American writer Ernest Hemingway in his novels, especially *Fiesta*.¹⁰ The encierros begin each day during the fiestas and on the Cuesta de Santo Domingo, where the runners venerate and commend themselves to a small statue of San Fermín placed in a niche in the wall.

Among its most representative monuments are the Cathedral of Santa María, the churches of San Saturnino, San Nicolás and San Lorenzo (where the chapel of San Fermín is located), the Citadel and the Chamber of Comptos, all of which have been declared Sites of Cultural Interest.

23. HOW TO GET TO THE CHAMPIONSHIPS

To get to Pamplona there are different transport options:

23.1 By Air

You can get to the following airports:

- Pamplona Airport (PNA), 5 km.
- Bilbao Airport (BIO), 150 km.
- Barcelona Airport (BCN), 480 km.
- Madrid Airport (MAD), 380 km.

23.2 By Train

You can go to the following stations, with connection from Madrid:

- Pamplona-Iruña train station, 0 km away.
- Logroño train station, 80 km away.
- San Sebastian train station, 85 km away.

Airport-train connection:

- Train from Barcelona to Pamplona-Iruña
- Train from Madrid to Pamplona-Iruña

<https://www.renfe.com>

23.3 By Bus

From Madrid there are several buses that regularly leave every day, the journey time is 6 hours, you can buy tickets at the following link:

<https://www.alsa.es/ruta/madrid-soria-pamplona>

24. PRACTICAL INFORMATION

24.1 Opening Hours (Shops/Pharmacies)

Shops open from 9:00 until 21:00 and there are pharmacies on call.

24.2 Currency

The national currency of Spain is the euro (€).

24.3 Electricity

Power supply: The sockets comply with the European standard system of round plugs. 220V/ 50Hz

24.4 Time

Time zone: Navarra (GMT+1)

24.5 Weather

Climate +5° / +13° C. in November, with some rain.

24.6 Transports in the city

- Regional urban bus: lines 1, 6, 9, 11 and 16. More information: www.infotuc.es
- Taxi: 948 23 23 00 / 948 35 13 35. More information: www.taxipamplona.com
- Bus: www.estaciondeautobusesdepamplona.com

24.7 Important Phone Numbers

Medical emergency calls: 112

Police: 092

Fire brigade: 080.

24.8 Communication

To call Spain from abroad you have to dial the international code 00, followed by de Spanish country code 34. Dial the following number without the first 0.

25. INSURANCE

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Spanish Karate Federation and the World Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations.

26. OMISSIONS

As regards that the specific items are not expressly considered in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.

