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MAY

60th EKF – Senior Championships

Yerevan 2025

1st. Bulletin

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1. WELCOME MESSAGE

1.1 Greeting from the Head of EKF

The 2025 EKF Senior Championships are poised to be a landmark event in the world of karate, as it will bring together Europe's finest athletes and it will continue the progress of Karate's biggest events in terms of relevance and prestige. This year's edition holds special significance as it marks the first time that Armenia hosts a first-class karate event.

The decision to bring the EKF Senior Championships to Yerevan reflects the remarkable growth of karate's popularity and presence across all European countries. It is a testament to the inclusive and far-reaching nature of our sport, which continues to inspire athletes and fans around the world.



Building on the success of last years' events, the 2025 edition in Yerevan promises to be even more impactful. The 2025 EKF Senior Championships holds additional weight, as it forms a crucial part of the qualification process for the 2025 World Individual Championships in Cairo, Egypt. This added layer of competition will undoubtedly bring out the very best in our athletes, further elevating the level of performance on display.

I extend my sincere gratitude to the Armenian Karate Federation and its President, Vazgen Harutyunyan, for their vision and determination in bringing this landmark event to Armenia. Hosting a first-class karate championship for the first time is a courageous task, and their commitment and spirit deserve the highest recognition.

As we prepare to witness extraordinary displays of skill, determination, and Karate values, I invite all of you to celebrate with us this historic moment for karate in Armenia and Europe. Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós

President

European Karate Federation

1.2 Greeting from the Head of the host NF

Dear Karate Enthusiasts, Athletes, and Distinguished Guests,

On behalf of the Armenian Karate Federation, it is my great honor and pleasure to extend a warm welcome to all of you as we prepare to host the prestigious European Karate Senior Championships here in Yerevan, Armenia, next year.

This remarkable event represents not only a significant milestone for our federation but also an opportunity to celebrate the spirit of karate and the unity it fosters among us. Yerevan, with its rich cultural heritage and warm hospitality, is thrilled to open its doors to the karate community from across Europe.

As we eagerly anticipate this grand occasion, we are committed to ensuring an exceptional experience for every participant and visitor. Our dedicated team is working tirelessly to provide a world-class venue and an environment that reflects the true essence of karate—respect, discipline, and excellence.

We are excited to witness the remarkable skills and sportsmanship of our athletes and to share in the camaraderie and mutual respect that defines our sport. This championship will not only highlight the outstanding talent of our competitors but also strengthen the bonds between karate practitioners from various nations.

Thank you for your continued support and enthusiasm. We look forward to welcoming you to Yerevan and to an unforgettable championship that will undoubtedly leave a lasting legacy in the history of European karate.

With warm regards,



Vazgen Harutyunyan

President of the Armenian National karate Federation

2. INTRODUCTION EKF SENIOR CHAMPIONSHIPS

The EKF Senior Championships (Yerevan) 2025 will be held next 7-11th May, in Yerevan, Armenia.

3. COMPETITION INFORMATION

3.1 Categories

Individual categories

Individual Kata (age +16)	Male Individual Kumite (age +18)	Female Individual Kumite (age +18)
Female	-60 Kg.	-50 Kg.
Male	-67 Kg.	-55 Kg.
	-75 Kg.	-61 Kg.
	-84 Kg.	-68 Kg.
	+84 Kg.	+68 Kg.

Team Categories

Team Kata (age+16)	Team Kumite (age +18)
Female	Female
Male	Male

3.2 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by 7th May 2025

4. CONTACTS INFORMATION

4.1 Organizers contact details

Armenian National Karate Federation

Address: 33/4 Acharyan str, 0040, Yerevan , Armenia

Contact: yerevan2025@karate.am

4.2 Local Organising Committee contact details

Organising Committee: yerevan2025@karate.am

Accommodation/Transportation karateyerevan@anywishtour.com

Flight tickets/ Visa support/ Excursions karateyerevan@anywishtour.com

4.3 EKF Organizing Commission contact details

Mr Tervel Zwjatkow – Chairman

+359884194109

tervel.zwjatkow@gmail.com

4.4 Safe Sport contact

EKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the EKF Event Supervisor, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the [WKF Official Complaint Form](#) and sent to: safekarate@wkf.net

5. REGISTRATION

5.1 Online registration for athletes

Online registration can be made from 18th February 2025 until 22nd April 2025 under the following link:

**ATHLETES
REGISTRATION**

5.2 Online registration for officiating coaches

Online registration can be made from 18th February 2025 until 22nd April 2025 under the following link:

No coach can register if he/she is not in possession of the EKF Kumite and/or Kata Coach certification level.

**COACHES
REGISTRATION**

5.3 Online registration for referees

Online registration can be made from 18th February 2025 until 22nd April 2025 under the following link:

**REFEREES
REGISTRATION**

5.4 Onsite Registration & Accreditations

Registration will be arranged in HQ Hotel on Tuesday, 6th May from 09:00 to 16:00 hours (room TBA)

Each change made after the closure of the online registration, as well as each new onsite registration, will incur a surcharge fee of 50 € per individual, in addition to the correspondent registration fee.

Cash payments in person at the registration will be accepted.

Timeslots will be required by every NF according with their preferences, delegations that do not have a reserved time for registration, will be attended when the registration ends after 2:00 p.m.

In the registration room only will be available two people in charge per country for to make the registration of each delegation, these persons will show all the required documents and the original passport of all the members of their delegation, weigh-in will be during the registration.

Referees and Press will make the registration in a separate desk, at the same time as their delegations.

5.4.1 Required documents

On registration day all participants must submit **printed** a Waiver of Liability Form (Only 1 of the following per person):

- a) NF/Team Representative & Team List
- b) Individual +18 years old
- c) Individual - 18 years old (Parental Consent required)



The NF/Team Representative takes full responsibility for the validity of all signatures and information provided.

6. EVENTS SCHEDULE

Monday 5 th May - HQ Hotel		
14:00 – 15:30	Registration for EKF Coaches' Programme	Room TBA
16:00 – 17:30	Accredited Coach Briefing	
17:45 – 18:30	Kumite Coach Exam	
18:45 – 19:30	Kata Coach Exam	
19:30 – 20:30	Certified Kata/Kumite Results and Accreditations delivery	

Tuesday 6 th May - HQ Hotel		
TIME	EVENT	ROOM
9:00 – 16:00	Registration for Delegations & Weigh in	TBA
09:00 - 11:00	EKF Executive Committee meeting	TBA
10:00 – 11:00	EKF Medical Commission meeting	TBA
12:00 – 14:00	EKF Technical Commission meeting	TBA
14:00 – 15:00	EKF Referee Commission meeting	TBA
15:00 – 18:00	EKF Congress	TBA
16:00 – 17:00	TM & TMAS Meeting	TBA
17:30 – 18:30	Referee Licence Renewal Exam	TBA
18:30 – 19:30	Open Draw and Coach Meeting	TBA
20:00 – 21:00	EKF Referee Briefing	TBA

Thursday 8 th May - HQ Hotel		
10:00 – 18:00	Para-Karate Athletes Classification Session	TBA
19:30 - 20:30	Para-Karate Coach Meeting & Open Draw Para-Karate	TBA

7. COMPETITION PROGRAMME

The competition will take place at the Sport/Concert Complex after K.Demirchyan, Yerevan

WEDNESDAY 7 th May	ACTIVITY	PLACE
Kata Individual - Eliminations - Performances		
9:30	FEMALE	Venue
11:00	MALE	Venue
Kumite Individual - Eliminations & Repechages		
12:30	Female + 68 kg Eliminations & Repechages	Venue
13:45	Male + 84 kg Eliminations & Repechages	Venue
15:00	Female - 68 kg Eliminations & Repechages	Venue
16:15	Male - 84 kg Eliminations & Repechages	Venue
17:30	Female - 61 kg Eliminations & Repechages	Venue
18:45	Male - 75 kg Eliminations & Repechages	Venue
THURSDAY 8 th May	ACTIVITY	PLACE
Kata Team - Eliminations - Performances		
9:30	Male & Female	Venue
Kumite Individual - Eliminations		
11:30	Male - 67 kg Eliminations & Repechages	Venue
12:45	Female - 55 kg Eliminations & Repechages	Venue
14:00	Male - 60 kg Eliminations & Repechages	Venue
15:10	Female - 50 kg Eliminations & Repechages	Venue
16:30	Kumite Team Male - Previous matches - until 16 teams	Venue
17:30	Kumite Team Female - Previous matches - until 16 teams	Venue
FRIDAY 9 th May	ACTIVITY	PLACE
ELIMINATIONS & SEMIFINALS		
09:00	Kumite Team Male & Female - Eliminations	Venue
13:00	Para Karate All Categories (including Bronze medals)	Venue
17:00	OPENING CEREMONY	Venue
18:15	Kumite Team Male & Female - Repechages	Venue

SATURDAY 10 th May	ACTIVITY	PLACE
BRONZE MATCHES		
09:00 - 09:20	Kumite Female + 68 kg	Venue
09:20 - 09:40	Kumite Male + 84 kg	Venue
09:40 - 10:00	Kumite Female - 68 kg	Venue
10:00 - 10:20	Kumite Male - 84 kg	Venue
10:20 – 10:40	Kumite Female - 61 kg	Venue
10:40 - 11:00	Kumite Male - 75 kg	Venue
FINALS		
11:30 - 11:41	Kumite Female + 68 kg	Venue
11:41 - 11:52	Kumite Male + 84 kg	Venue
11:52 - 12:03	Kumite Female - 68 kg	Venue
12:03 - 12:18	MEDALS AWARD	Venue
12:20 - 12:31	Kumite Male - 84 kg	Venue
12:31 - 12:42	Kumite Female - 61 kg	Venue
12:42 - 12:53	Kumite Male - 75 kg	Venue
13:27 - 13:38	MEDALS AWARD	Venue
13:38 - 14:18	Para Karate - Kata Male & Female - Intellectually Impaired (K21 & K22)	Venue
14:18 - 14:35	MEDALS AWARD	Venue

BRONZE MATCHES		
15:45 - 16:05	Kata individual Female	Venue
16:05 - 16:25	Kata individual Male	Venue
16:27 - 16:47	Kumite Female - 55 kg	Venue
16:47 - 17:07	Kumite Male - 67 kg	Venue
17:07 - 17:27	Kumite Female - 50 kg	Venue
17:27 - 17:47	Kumite Male - 60 kg	Venue

FINALS		
18:15 - 18:26	Kata individual Female	Venue
18:26 - 18:37	Kata individual Male	Venue
18:39 - 18:49	MEDALS AWARD	Venue
18:51 - 19:02	Kumite Female -55 kg	Venue
19:02 - 19:13	Kumite Male - 67 kg	Venue
19:13 - 19:24	Kumite Female - 50 kg	Venue
19:24 - 19:35	Kumite Male -60 kg	Venue
19:37 - 19:57	MEDALS AWARD	Venue

SUNDAY 11 th May	ACTIVITY	PLACE
BRONZE MATCHES		
09:00 - 09:30	Kata Team Male	Venue
09:30 - 10:00	Kata Team Female	Venue
10:02 - 10:52	Kumite Team Female	Venue
10:52 – 12:12	Kumite Team Male	Venue
FINALS		
13:00 - 13:15	Kata Team Male	Venue
13:15 - 13:30	Kata Team Female	Venue
13:30 – 13:50	Para Karate - Kata Male & Female - Visually Impaired (K10)	Venue
13:50 – 14:15	MEDALS AWARD	Venue
14:15 - 14:45	Kumite Team Female	Venue
14:45 – 15:30	Kumite Team Male	Venue
15:32 – 15:52	Para Karate - Kata Male & Female – Wheelchair Athletes (K30)	Venue
15:52 - 16:15	MEDALS AWARD	Venue
16:20	CLOSING CEREMONY	Venue

The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

In case of a number of registrations lower than the limits, the organization reserves the right to anticipate some categories.

Detailed information will be communicated at due time.

8. SPECIFIC INFORMATION FOR PARA KARATE

8.1 Key Dates

- The deadline for registration is 22nd April 2025
 - Athletes who do not have mandatory medical documentation filled out and signed by a medical doctor will be removed from the list after 24th April 2025.
- **The deadline for reviewing medical documentation by WKF Para-Karate commission is 1st May 2025.**
 - Athletes who do not meet the minimum eligibility criteria will be removed from the waiting list after 1st May 2025.
 - **Intellectually Impaired athletes** who have not been confirmed to the EKF by the VIRTUS office will also be removed from the waiting list after 1st May 2025.

8.2 Para-Karate Activities' Schedule

TUESDAY 6th May		
10:00 – 16:00	Registration for Delegation	HQ Hotel

THURSDAY 8th May		
10:00 – 18:00	Para-karate Athletes Classification Session <i>Mandatory for selected athletes*</i>	HQ Hotel
19:30 – 20:00	Para-karate Open Draw	HQ Hotel
20:00 – 20:30	Para-karate Coach Meeting	HQ Hotel

*Activities' schedule might be subject to changes after the registration is closed

***Please see the download section of the event one day before the scheduled classification section)**

8.3 Para-Karate Categories

Para-Karate Categories			
Male (age +16 years)		Female (age +16 years)	
Blind/Visually Impaired Athletes	K10	Blind/Visually Impaired Athletes	K10
Intellectually Impaired Athletes (IQ 75 or less)	K21	Intellectually Impaired Athletes (IQ 75 or less)	K21
Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22	Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22
Wheelchair Athletes	K30	Wheelchair Athletes	K30

8.4 Para-Karate registration

- Online registration can be made under the [following link](#).
- All athletes registered shall be on the waiting list.
- During the registration procedure upload all essential Para-Karate athlete's medical documentation to the Sports ID Para-Karate athlete's profile (these uploaded documents do not need to be sent by email to the HQ).
- Only those athletes having their documents uploaded until the end of registration and having an eligible impairment ([see the list of eligible impairments](#)) may be moved from the “waiting list” to the actual list of registered athletes for the event.
- An athlete without eligible impairment according to the WKF Para-Karate rules and regulations will not be moved from the waiting list.
- The Head of Para-Karate classification can ask for supplemental medical documentation to prove the underlying health condition of the athlete.

The mandatory forms can be found in the following links:

For all athletes:

- [Athlete Evaluation Consent Form](#)
- WKF - [Therapeutic Use Exemption \(TUE\) Application Form](#) (**only in case the athlete uses WADA prohibited medication**)
- **MEDICAL DIAGNOSTIC FORMS**

For Visually Impaired Athletes: [K10 Medical Diagnostic Form](#)

For Wheelchair Athletes: [K30 Medical Diagnostic Form](#)

For Intellectually Impaired Athletes: [K21 and K22 Medical Diagnostic Form](#)
[K21 and K22 Eligibility Guidance Notes](#)
[K22 AAI Screening](#) (athletes classified before 2024)

- To be considered eligible to compete as an athlete with an intellectual impairment (K21 and K22), athletes **must fulfil the international eligibility criteria as defined by VIRTUS**.
- Athletes must have their VIRTUS international eligibility confirmed to EKF by the VIRTUS office by 1st May 2025. Athletes who do not meet the VIRTUS eligibility requirements will be removed from the waiting list and will not be able to compete.

- We suggest you contact your national representative of the VIRTUS (INAS) <https://www.virtus.sport/member> or your National Paralympic Committee at least 3 months before the event. However, should you require any assistance, or there is no VIRTUS representative in your country, please contact the Para-karate Commission Chairwoman at wkfparakarate@gmail.com to be able to solve any incidents in time for the EKF Championships.

All documents MUST be attached in English for ALL registered athletes.

All MDFs must be completed by a registered Medical Doctor, M.D.

- Selected athletes must attend the classification session on 8th May in the HQ Hotel.
- Please see the [Para-karate registration checklist](#) before the completion of the registration of the Para-Karate athletes (schedule of the classification will be uploaded on Sportdata download section at least one day before the classification (it depends on the number of registrations)).

8.5 Para-Karate athletes per category

Every nation can register three (3) Para-Athletes per sport class. In total, 24 athletes can be called by each nation.

8.6 Classification session

Classification in Para-Karate K10 and K30 sport classes consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: <https://www.wkf.net/sport-parakarate> .

Please, check the Para-karate Classification rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

- New registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on 8th May.
- A timetable of classification and the list of athletes who have to attend the classification session will be published after the registration online.
- Attendance to the Classification Session is obligatory for all new athletes, for athletes with sport class status review listed in the classification session timetable.
- Without a participation in such event, it is not possible to take part in the championships.

The following documents must be provided at the classification session:

1. Accreditation of the athlete.
2. ID card or Passport of the athlete.
3. Original MDFs, TUE (if necessary), Consent Form as provided prior with the registration.
4. Original diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration.

The following equipment must be checked at the classification session:

- FOR VISUALLY IMPAIRED ATHLETES (K10) - IBSA standardized Blindfolds (Goalfix Eclipse total blackout eyeshades)
- FOR INTELLECTUALLY IMPAIRED ATHLETES (K21 and K22) – sport glasses (if needed)
- FOR WHEELCHAIR USERS (K30):
 - Competition wheelchair
 - Leg straps (if needed)
 - White shoes and socks for competition.

8.7 Coaches and personal assistants

- Maximum of three coaches can be registered for Para-Karate per Nation.
- Any coach wishing to be registered will need to be in possession of the EKF Kumite and/or Kata Coach certification level.
- Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.
- Coaches and assistants accompanying Para-Karate athletes MUST register online via the following [link](#).
- All athletes must use the same sportswear and equipment for classification as they use during competitions.
- Concerning athletes with visual impairments, no extra ophthalmological testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents and equipment mentioned above. Extra points will be given based on the Medical Diagnostic Form.
- During the medal bouts, male coaches and personal assistants are required to wear a dark suit, shirt, and tie while female coaches and personal assistants may choose to wear a dress, pantsuit or a combination of jacker and skirt in dark colours.

8.8 Rules

[WKF Para-Karate Rules](#) in force will apply.

8.9 Anti-Doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. If any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

9. COACHES PROGRAMME

Please find below all information of the Programme for EKF Coaches that is going to be taking place in Zadar (Croatia) on occasion of the 60th European Senior Championships 2025.

The minimum level required for coaches to take part in EKF Championships is the:

“EKF Kumite/Kata Coach” certification (coach level 2)

It is possible to homologate a WKF Kumite and/or Kata Coach (coach level 2) license by the EKF, only during the online registration period, until 22nd April 2025. After this date no homologations will be accepted.

To do so, you must fill in the form: “Request for the Homologation of a WKF Coach Certification by the EKF” and send it to the e-mail; ekf@ekf.com.es, together with the bank proof of payment of the homologation fee.

After receiving the written approval of EKF homologation, you can register to officiate as a coach at the event.

Note: The WKF Accredited Coach license (coach level 1) is not homologated by the EKF.

For those withing to obtain a EKF Coach license, successful participation in the EKF Coaches’ course is required.

9.1 Online Registration

The online registration to take part in the “Accredited Briefing & Kata/Kumite Coach Exam” will open on 18th February at 12:00 (GMT +0) and will close on 22nd April 2025 at 12:00 (GMT+0). The link to register in the “Accredited Briefing & Kata/Kumite Coach Exam” is:

[EKF COACH COURSE
REGISTRATION](#)

All coaches registered online for the coaches' course must reconfirm the online registration at the onsite coaches' registration to be authorised to access the course room.

9.2 Onsite Registration

The onsite registration to take part in the “Accredited Briefing & Kata/Kumite Coach Exam” will take place on Monday 5th May, from 14:00 to 15:30 hrs at the HQ Hotel.

All coaches whose payment of the registration fee for the EKF Yerevan Coaches Programme has been processed by bank transfer, must present the copy of the corresponding payment receipt to the EKF Treasurer at the on-site Coaches Registration for the issuance of the corresponding invoice and entry authorisation form to be presented for access to the coaches' course room.

Coaches will not be allowed to register and paid for the course outside these hours.

9.1 Coaches' Course Schedule

Only those coaches who have re-confirmed their attendance onsite (see above) will be allowed to enter the course room by showing the corresponding invoice and entry authorisation.

DATE	HOUR	ACTIVITY	PLACE
MONDAY 05/05/2025	14:00 – 15:30	Registration for EKF Coaches' Programme	HQ Hotel
	16:00 – 17:30	Accredited Coach Briefing	
	17:45 – 18:30	Kumite Coach Exam	
	18:45 – 19:30	Kata Coach Exam	
	19:30 – 20:30	Certified Kata/Kumite Results and Accreditations delivery	

9.2 Fees and payment

We would like to remind you that the fees for the Programme for EKF Coaches are as follows:

Briefing for “Accredited Coach” level:	200 EUR
Examination for “Certified Kumite Coach”:	150 EUR
Examination for “Certified Kata Coach”:	150 EUR
Both Examination for “Certified Kumite Coach” and “Certified Kata Coach”:	200 EUR
Homologation WKF* Level (Kumite and/or Kata ONLY):	150 EUR

*After the online registration closes on April 23rd, 2024, no homologations will be accepted.

Payment for the Programme for EKF Coaches should be preferably made by Bank Transfer to the bank account listed below:

Account Name: EUROPEAN KARATE FEDERATION
Bank Name: CAIXABANK
Bank Address: Alberto Aguilera, 26 – 28008 Madrid – SPAIN
Account Number:

- IBAN: ES06 2100 3415 6122 0008 1707
- BIC/SWIFT Code for all Account Numbers: CAIXESBBXXX

VERY IMPORTANT: To avoid possible incidences, it is essential to indicate to your bank when you made the bank transfer the CONCEPT by which the payment is made.

During the onsite registration, all payments must be made CASH. No other methods of payment will be accepted.

10. EKF APPROVED PROTECTIONS & TATAMIS

SPORT PROTECTIONS “WKF Approved”



*Click on the logos

IMPORTANT: The Sport Protections with “WKF Approved” license during the period 2020 - 2024, will be accepted until June 30th, 2025.

KARATEGI “WKF Approved”

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED** or **BLUE** are of mandatory use in EKF Continental Championships.

The authorized companies to use these karategis models are:



IMPORTANT: The Karategis with “WKF Approved” license during the period 2020 - 2024, will be accepted until June 30th, 2025.

DISTRIBUTORS ASSISTANCE “WKF Approved”

*Click on the image to visit the distributors by countries.



TATAMIS “WKF Approved”



*Click on the logos

11. COMPETITION VENUE

The Karen Demirchyan Sports and Concerts Complex is a multifunctional venue in Yerevan, Armenia featuring a futuristic design that resembles a bird with outstretched wings. It hosts a wide range of events, including concerts, sports competitions, exhibitions, and conferences. With a seating capacity of over 8,000, the complex has been a central hub for cultural and sporting activities in Armenia.



[OFFICIAL TATAMI FOR THIS TOURNAMENT](#)

12. TICKET FOR SPECTATORS

Access to the venue for all spectators will be FREE of charge

13. TRAINING FACILITIES - BOOKINGS

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application through email must be received before 10th April 2025.

Transportation to the training area will be provided at a cost. For the Training inquires, requests and bookings, please send mail to: karateyerevan@anywishtour.com

14. MEDIA

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

[PRESS
REGISTRATION](#)

A mixed zone will be available for accredited journalists and photographers.

Video recording will not be allowed

Should you need more information about press or media related issues, please directly contact the European Karate Federation's office: press@wkf.net

15. ANTIDOPING EDUCATION

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules. Click the [here](#) to take an Anti-Doping Education & Learning Course and learn more about your responsibilities and visit our [website](#). For a few hours, you help keep karate a clean sport.



Course Recommendations

International-level Athletes Education
High Performance Coach Education
Medical Professionals Education
Parents of Elite Athletes Education

16. CITY / COUNTRY INFORMATION

Armenia, a landlocked country in the South Caucasus, is a nation rich in history and culture, known as the first country to adopt Christianity as its state religion in 301 AD. With a population of about 3 million, Armenia is celebrated for its warm hospitality, unique traditions, and resilient spirit.



Yerevan, the capital of Armenia, is one of the world's oldest continuously inhabited cities, with a history dating back over 2,800 years. Home to approximately 1.1 million residents. Known as the "Pink City" due to the pink tuff stone used in its buildings, Yerevan seamlessly blends ancient heritage with modern vibrancy. The city is home to landmarks like Republic Square, the Cascade Complex, and the Matenadaran Manuscript Museum. Yerevan is a cultural and economic hub, offering a lively arts scene, diverse dining, and a welcoming atmosphere, making it a must-visit destination in the South Caucasus.

16.1 How to get to Yerevan

Yerevan, the vibrant capital of Armenia, is well-connected with major cities across Europe and beyond. The primary gateway to **Yerevan is Zvartnots International Airport (EVN)** (<https://www.zvartnots.aero>) which is located approximately 12 kilometers (7.5 miles) from the city center.

For the most convenient travel, we recommend booking your flights well in advance and checking for any available direct routes from your city. Several airlines offer direct flights to Yerevan, and others provide connecting flights through major European hubs.

Transportation from the Airport: Upon arrival at Zvartnots International Airport, several transportation options are available to reach the city center and your accommodations:

- **Taxis:** Available at the airport 24/7. Ensure you use licensed taxi services for a reliable and safe transfer.
- **Public Transport:** Buses and minibuses connect the airport to various parts of Yerevan. For detailed schedules and routes, visit the airport's official website.

Additional Tips:

- **Visa Requirements:** Please ensure you are aware of the visa requirements for Armenia based on your nationality. Most visitors will need a visa, which can often be obtained on arrival or through an e-visa process.
- **Local Currency:** The local currency is the Armenian Dram (AMD). It is advisable to have some local currency on hand for immediate expenses upon arrival.

We look forward to welcoming you to Yerevan and wish you a pleasant journey!

16.1.1 Flight

European Airlines and Routes: Many European airlines operate regular flights to Yerevan, including but not limited to:

- Air France
- Lufthansa
- Austrian Airlines
- Eurowings
- WizzAir
- Aegean Airlines
- LOT Polish Airlines
- Condor Airlines
- Brussel Airlines
- Transavia Airlines
- Fly One Airlines

16.1.2 Train and bus

Public Transport: Buses, minibuses (marshrutkas), and the metro are the main forms of public transport in Yerevan. Taxis are affordable and widely available.

Car Rentals: Renting a car is a good option for exploring the countryside. Ensure you have an International Driving Permit (IDP) if your license is not in Armenian.

Driving: In Armenia, driving is on the right side. Roads in Yerevan are generally good.

16.2 Practical Information

1. Currency and Payment

- Currency: The official currency is the Armenian Dram (AMD)
- Exchange: Currency can be exchanged at banks, exchange offices, and some hotels. ATMs are widely available in Yerevan and other major cities.
- Credit/Debit Cards: Cards are widely accepted in Yerevan, especially in hotels, restaurants, and shops.

2. Language

- Official Language: Armenian (Հայերեն) is the official language.
- English: English is widely spoken in tourist areas, hotels, restaurants, and by younger generations. Russian is also commonly spoken.
- Useful Phrases:
 - Hello: Barev (Բարև)
 - Thank you: Shnorhakalutyun (Շնորհակալություն)
 - Yes: Ayo (Այո)
 - No: Voch (Ոչ)

3. Safety

- Safety: Armenia is considered one of the safest countries in the region. Petty crime is rare, but it's advisable to take standard precautions, especially in crowded areas.
- Emergency Numbers:
 - Police: 102
 - Ambulance: 103
 - Fire: 101

4. Health

- **Vaccinations:** No specific vaccinations are required for entry. However, it's recommended to be up-to-date with routine vaccines.
- **Medical Facilities:** Yerevan has several high-quality hospitals and clinics. For minor issues, pharmacies are well-stocked, and many pharmacists speak English.
- **Travel Insurance:** It's advisable to have travel insurance that covers health and emergency evacuation.

5. Communication

- **SIM Cards:** Tourist SIM cards with data plans are available at the airport and in the city. Major providers include VivaCell-MTS, Ucom, and Beeline.
- **Wi-Fi:** Free Wi-Fi is widely available in hotels, cafes, and restaurants in Yerevan and other cities.

6. Time Zone

- **Time Zone:** Armenia operates on Armenia Standard Time (AMT), which is UTC +4 hours.

7. Electricity

- **Voltage:** 220V, 50Hz.
- **Plug Type:** Type C and F are standard. If your devices use a different type, bring an adapter.

8. Cultural Etiquette

- **Dress Code:** Armenia is relatively conservative, especially in rural areas. Dress modestly when visiting religious sites.
- **Tipping:** Tipping is appreciated but not obligatory. In restaurants, a 10% tip is standard.
- **Hospitality:** Armenians are known for their hospitality. It's common to be offered food or drinks when visiting someone's home.

9. Weather

- **Temperature:** The average daily temperature in May ranges from 15°C to 25°C

10. Main Tourist Attractions

- **Yerevan:** Republic Square, Cascade Complex, Matenadaran, Tsitsernakaberd (Armenian Genocide Memorial).
- **Historical Sites:** Geghard Monastery, Garni Temple, Khor Virap, Tatev Monastery.
- **Natural Wonders:** Lake Sevan, Dilijan National Park, Khosrov Forest State Reserve

11. Food and Drink

- **Cuisine:** Try traditional Armenian dishes like khorovats (barbecue), dolma (stuffed grape leaves), and lavash (flatbread).
- **Drinks:** Armenia is known for its brandy (cognac), wine, and mineral water.

17 ACCOMODATION AND TRANSFERS

17.1 HEADQUARTERS HOTEL

SEVEN VISIONS RESORT AND PLACES, THE DVIN 5*



Seven Visions Resort & Places, The Dvin is a new luxury complex in the heart of Yerevan. The hotel is located **within walking distance** from Saryan Street, Republic Square, the National Academic Opera and Ballet Theatre, the Sergei Parajanov Museum and orthern Avenue. The resort has become a new attraction in the capital of Armenia.

Seven Visions Resort & Places, The Dvin is a luxury hotel that has everything for your relaxation: spacious rooms in a sophisticated Art Deco style, a unique aerial theater without a stage One&Only, a nightclub with a retractable roof The Stage, a **panoramic outdoor pool The Pool**, a gastro bar Fragrance, a restaurant of modern Armenian cuisine with elements of fusion Hayrik, a view restaurant Coba, a banquet hall Dvin Music Hall, as well as a **conference hall**, a crossfit station and a tennis court with a professional urface also **11 meeting rooms, a gym and a Wellness & Spa center with baths, saunas, and a swimming pool.**

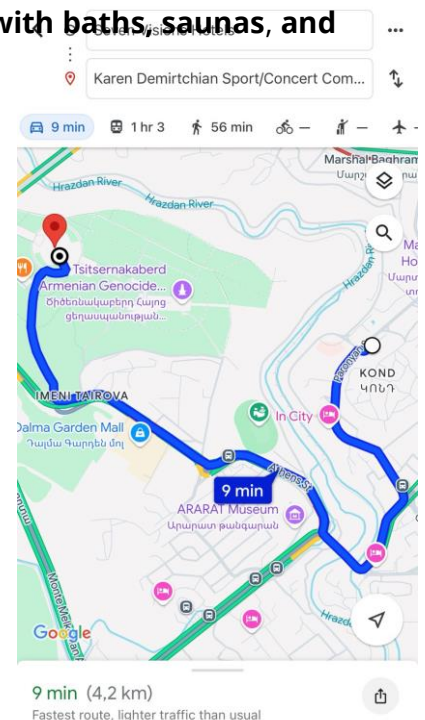
Address: 40 Paronyan St, Yerevan

Distance From Karen Demirchyan Sport Complex **4.2km**

By car – 9 min

On foot – 56 min

By public transport – 1 hour 3 min



17.2 Official hotels

HOLIDAY INN YEREVAN - REPUBLIC SQUARE, AN IHG HOTEL 4*



Located in Yerevan, 200 metres from Republic Square, **Holiday Inn Yerevan - Republic Square** features air-conditioned rooms and a bar. Providing a restaurant, the property also has a fitness centre, as well as an indoor pool and a hammam. The accommodation provides a 24-hour front desk, room service and currency exchange for guests.

Address: 2 Amiryan St, Yerevan

Distance From Kar en Demirchyan Sport Complex **3.9km**

By car – 7 min

On foot – 1 hour

By public transport – 59 min

ARMENIA MARRIOTT HOTEL 4*



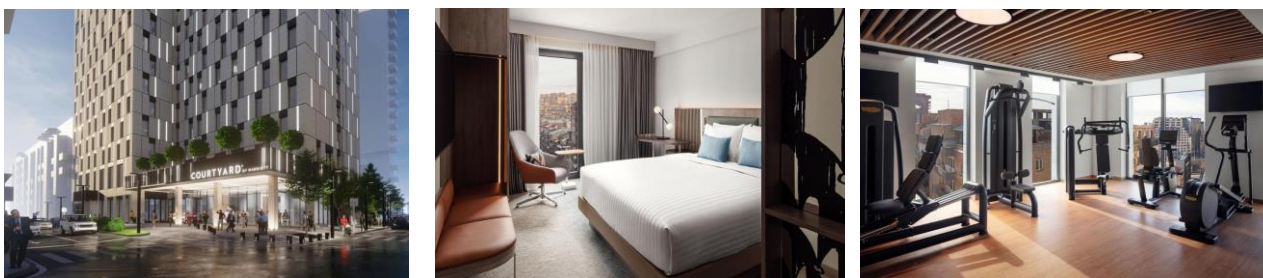
Centrally located on Republic Square, Marriott Armenia Hotel Yerevan offers soundproofed rooms with classic-style décor and fine international cuisine. A bar and an outdoor summer terrace are also available.

Behind its grand façade, the Marriott Armenia Hotel Yerevan provides spacious rooms and suites with flat-screen TV, mini-bar and seating area. Guests enjoy views of Mount Ararat or Republic Square. A modern gym invites guests to keep fit. The seasonal, open air pool is the perfect place to relax after a hectic day.

Marriott Armenia Hotel Yerevan offers 24/7 service at Cristal Bar and Lounge, delicious breakfast at the M-Club, and an amazing outdoor café with a view to the Republic Square.

Address: 1 Amiryan St, Yerevan
Distance From Kar en Demirchyan Sport Complex **4km**
By car – 8 min
On foot – 1 hour
By public transport – 50 min

COURTYARD BY MARRIOTT YEREVAN HOTEL 4*



Located in Yerevan, a 6-minute walk from Armenian Opera and Ballet Theatre, **Courtyard by Marriott Yerevan** provides accommodations with a fitness center, free private parking, a terrace and a restaurant. Featuring a bar, the hotel is close to several noted attractions, around a 7-minute walk from Republic Square, 600 yards from History Museum of Armenia and a 13-minute walk from Blue Mosque. The property has a 24-hour front desk, airport transportation, room service and free WiFi.

The hotel will provide guests with air-conditioned rooms offering a desk, an electric tea pot, a safety deposit box, a flat-screen TV and a private bathroom with a bidet. At Courtyard by Marriott Yerevan each room has bed linen and towels.

Address: 5 Teryan St, Yerevan
Distance From Kar en Demirchyan Sport Complex **5km**
By car – 12 min
On foot – 1 hour 7 min
By public transport – 52 min

ANI GRAND HOTEL 4*



Located in Yerevan and within a 7-minute walk of Republic Square, **Ani Grand Hotel** Yerevan features a bar, non-smoking rooms, and free WiFi throughout the property. Offering a restaurant, the property also has a fitness center, as well as an indoor pool and a sauna. The property is close to popular attractions like Blue Mosque, Yerevan State University and Yerevan Cascade.

Address: 65 Hanrapetutyun St, Yerevan

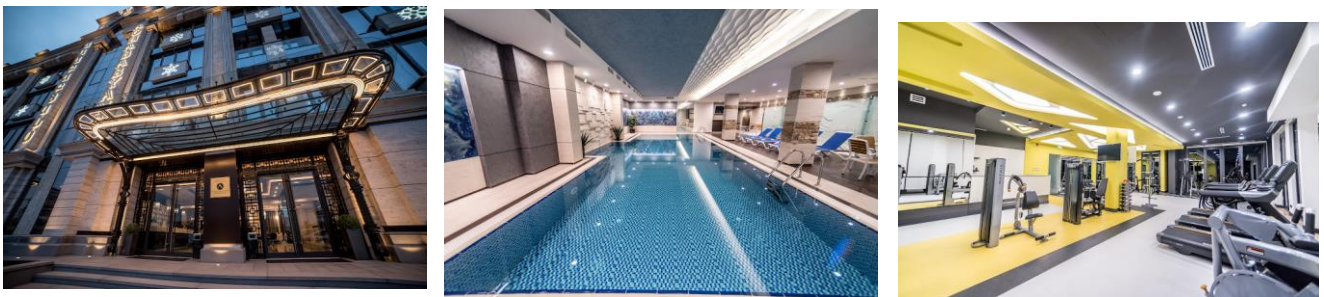
Distance From Kar en Demirchyan Sport Complex **5km**

By car – 9 min

On foot – 1 hour 6 min

By public transport – 48 min

AGHABABYAN'S HOTEL 5*



The Aghababyan's Hotel in Armenia offers the best conditions to make Your business, family, holiday, weekend and group trips pleasant and interesting. The hotel has 81 stylish rooms and each of them varies with its unique design. There are 9 nobby apartments reaching to perfectness in its style, behind the hotel. This is a place, where stunning floor, lighting, wall design and fine furniture are effectively used to impress our valuable guests and make their stay unforgettable. The hotel's comfort, thoughtful touches and a personalized service are the guaranty of a warm and household atmosphere.

Property services are conference hall, restaurant, lounge bar, playroom for kids, indoor swimming pool, sauna, fitness center and a modern breakfast hall apart the hotel's restaurant, operating only for the guests. Upon requests, our specialists are at Your service to offer full package of healthy lifestyle including innovative programmes , healthy food and so on. This beautiful hotel in Armenia offers also fitness and swimming training for the individuals and groups. You will get the best result by planning your business meetings in the hotel's conference hall, which has modern equipment. The restaurant serves armenian and european dishes. Here you have an opportunity to relax in pleasant and friendly atmosphere. The distance is 11 km from the Zvartnots International airport to the hotel.

Address: Nazarbekyan, 25/5 str, Yerevan

Distance From Karen Demirchyan Sport Complex **4.0km**

By car – 15 min

On foot – 1 hr

By public transport – 59 min

BEST WESTERN PLUS CONGRESS HOTEL 4*



Best Western Plus Congress Hotel Yerevan is a modern chain hotel, which will be a perfect choice both for Business and Leisure travelers. Perfectly located in the city center of Yerevan, hotel makes it easy to experience the rhythm and the soul of the capital. Hotel is a few walks away from the Republic Square. You can find comfortable and inviting spaces to work and relax, as well as facilities to organize business and private events. During your stay at our cozy non-smoking rooms you can also feel the full comfort of outdoor pool, 24/7 open gym and sauna and also enjoy the high quality of all provided services.

Address: 1 Italy St, Yerevan

Distance From Kar en Demirchyan Sport Complex **3.6km**

By car – 7 min

On foot – 59 min

By public transport – 53 min

IBIS YEREVAN CENTER 3*



Ideally located in the heart of the city, **ibis Yerevan Center** is just a short walk away from major Yerevan attractions such as Republic Square, Armenian Opera and Ballet Theater and Museum of History and Art.

Certain units include a seating area to relax in after a busy day. The modern rooms are air conditioned and have a flat-screen TV and a private bathroom.

Guests can enjoy breakfast, lunch and dinner at the ibis Kitchen restaurant and on the terrace with a view of Northern Avenue. Light snacks and drinks are available at a modern bar open 24/7.

Address: 5/1 Northern Ave, Yerevan

Distance From Kar en Demirchyan Sport Complex **4.4km**

By car – 9 min

On foot – 1 hour 7 min

By public transport – 50 min

ANI PLAZA HOTEL 4*



As the biggest hotel in Yerevan, Armenia, **Ani Plaza** welcomes thousands of tourists to the country every year. Only one block away from the National Opera and Ballet Theater, and a ten minute walk from the Cascade Complex.

An indoor swimming pool, gym and sauna are offered at this 4-star hotel in the business and entertainment district of Yerevan.

Address: 19 Sayat-Nova Ave, Yerevan

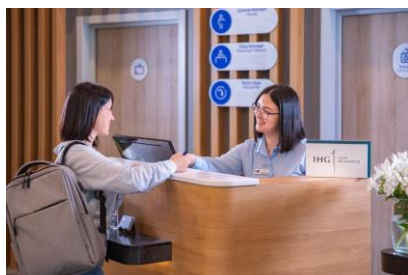
Distance From Kar en Demirchyan Sport Complex **4.8km**

By car – 10 min

On foot – 1 hour 10 min

By public transport – 52 min

HOLIDAY INN EXPRESS YEREVAN 3*



Located within less than 0.6 mi of Republic Square in Yerevan, **Holiday Inn Express - Yerevan** has a number of amenities including a shared lounge. Armenian Opera and Ballet Theater is a 19-minute walk away from the property. All rooms at the hotel are fitted with a seating area and a flat-screen TV with satellite channels. Holiday Inn Express - Yerevan offers certain units with city views, and rooms are equipped with an electric kettle and a mini-fridge. All guest rooms are carpeted and have a desk.

Address: 97/2 Pavstos Buzand St, Yerevan

Distance From Kar en Demirchyan Sport Complex **4.1km**

By car – 8 min

On foot – 57 min

By public transport – 56 min

17.3 Hotel Prices

(Including reservation and cancellation policy)

Prices are given in EURO per person and per night. Breakfast and VAT included					
No	Hotel Name	Star Rating	Meal /Lunch & Diner P.P./	SGL	DBL/TWN
1	Seven Visions Resort & Places, The Dvin HQ hotel	5*	29/39	249	165
2	Holiday Inn Yerevan 4*	4*	29/39	139	95
3	Armenia Marriott Hotel 4*	4*	29/39	129	89
4	Courtyard by Marriott Yerevan hotel 4*	4*	29/39	129	89
5	Ani Grand Hotel 4*	4*	29/39	115	75
6	Aghababyan's Hotel 5*	5*	29/39	115	69
7	Best Western Hotels & Resorts® 4*	4*	29/39	116	85
8	Ibis 3*	3*	29/39	116	79
9	Ani Plaza Hotel 4*	4*	29/39	99	75
10	Holiday Inn Express Yerevan 3*	4*	29/39	106	75

For Reservations, please fill up the form:

<https://docs.google.com/forms/d/1P9DKqhQzGR9WfWpCKAGUxIVvqRH7zHhczNrrZ7tmz9w/edit?pli=1>

IMPORTANT NOTES:

- *Service charge and VAT are included
- *Room rate is **per night and per person**
- *Check in time: 14:00; Check out time: 12:00
- *Meal prices are given per day, per person per lunch or per dinner (In case choosing both lunch and dinner the price will double)
- *All official hotel prices include scheduled transportation to the venue and back during the championship, from the Republic Square

BOOKING & PAYMENT CONDITIONS

We highly advise you to secure your accommodation through the official travel agency, Any Wish Tour, to ensure your convenience and the seamless operation of your arrangements. If your reservation has been made through a different travel agency or directly with the hotel, unfortunately Any Wish Tour cannot provide any support for your booking. Please send "ACCOMMODATION REQUEST FORM" (Send the form as an excel file) to Any Wish Tour, official travel Agency of EKF-Senior Championships 2025 Yerevan (Arm) for hotel reservation as soon as possible. Please note that 01 April 2025* is the final date

for the hotel reservation. Transfer is provided between official hotels and competition hall free of charge in case using the services of the official travel agency: Any Wish Tour.

- For Individual transfer can be arranged on request at an additional cost.
- The number of available rooms are limited and a first come first serve basis will be followed.
- Please note that **01 April 2024** marks the final day for booking.
- You will receive an invoice for the total amount of your booking.
- The booking is confirmed when the payment is completed according to invoice details (The invoice will include the latest payment due date)
- All reservations with missing payment will be cancelled without further notice.
- Bank transfer fees are at your charge and will be added to invoice.
- Credit cards are not accepted.

CANCELLATION POLICY

- Bookings made until 28th February are fully refundable.
- For cancellations between 1st – 14th March a penalty of 10% will be charged.
- For cancellations between 15th - 31st March a penalty of 30% will be charged.
- After 1st April no refund.

CONTACT INFORMATION FROM TRAVEL AGENCY

Contact person from travel agency: Alina Petrosyan

E-mail: karateyerevan@anywishtour.com

Tel: +37495707017

17.4 Transport Services

Transport Type	Transportation from Zvartnots International Airport to Hotel
Big bus (45-50 seats)	EUR 249
Mini Bus (18-20 seats)	EUR 149
Minivan (6-7 seats)	EUR 89
Sedan (max 3 pers)	EUR 59

*Transfer fee is only for one way

If you choose a private transfer, regarding the rates please get in touch with our designated travel agency, Any Wish Tour (on the following E-Mail karateyerevan@anywishtour.com)

17.5 Meals at the Venue

Lunchboxes at the venue will be available for participants for 10 EUR per person.

18 VISA REQUIREMENTS

Visas and Entry Requirements:

- **Visa-Free Countries:** Citizens of many countries, including the EU, USA, Canada, and Russia, can enter Armenia visa-free for up to 180 days.
- **E-Visa:** Citizens of other countries can apply for an e-visa online. The process is straightforward and typically takes a few days.
- **Passport Validity:** Ensure your passport is valid for at least 6 months from the date of entry.

19 OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in EKF Regulations.

