



KARATE
**59th EUROPEAN
CHAMPIONSHIPS**
ZADAR 2024



08th-12th

MAY

59th EKF – Senior Championships

Zadar 2024

(Croatia)

2nd Bulletin

CONTENTS

1. WELCOME MESSAGE	3
1.1 Greeting from the Head of EKF.....	3
1.2 Greetings from the Minister of Tourism and Sports	4
1.3 Greeting from the Head of the host NF	5
2 INTRODUCTION EKF SENIOR CHAMPIONSHIPS	6
3 COMPETITION INFORMATION	6
3.2 Categories	6
3.3 Age	6
4 CONTACTS INFORMATION	7
4.1 Organizers contact details	7
4.2 Local Organising Committee contact details.....	7
4.3 Safe Sport contact.....	7
5 REGISTRATION.....	8
5.1 Online registration for athletes.....	8
5.2 Online registration for officiating coaches	8
5.3 Online registration for referees	8
5.4 Onsite Registration & Accreditations	9
5.4.1 Required documents.....	9
6 EVENTS SCHEDULE.....	10
7 COMPETITION PROGRAMME	11
8 SPECIFIC INFORMATION FOR PARA-KARATE	14
8.1. Key Dates	14
8.2. Para-Karate Activities' Schedule.....	14
8.3. Para-Karate Categories.....	15
8.4. Para-Karate registration	15
8.5. Para-Karate athletes per category.....	16
8.6. Classification session.....	17
8.7. Coaches and personal assistants	18
8.8. Rules	18
8.9. Anti-doping.....	18
9 COACHES' PROGRAMME.....	19



9.1	Online Registration	19
9.2	Onsite Registration	20
9.3	Coaches' Course Schedule	20
9.4	Fees and payment	21
10	EKF APPROVED PROTECTIONS & TATAMIS	22
11	COMPETITION VENUE	24
12	TICKET FOR SPECTATORS	24
14	TRAINING FACILITIES - BOOKINGS.....	24
15	MEDIA.....	25
16	ANTIDOPING EDUCATION.....	25
17	CITY / COUNTRY INFORMATION	26
17.1	About Zadar.....	26
17.2	How to get to Zadar	26
17.2.1	Flight.....	26
17.2.2	Bus	26
17.3	Practical Information.....	26
18	ACCOMMODATION AND TRANSFERS	27
18.1	HQ Hotel.....	27
18.2	Official hotels	28
18.3	Hotel Prices	30
18.4	Transport Services	31
18.5	Meals at the Venue	31
19	VISA REQUIREMENTS	31
20	OMISSIONS.....	31

1. WELCOME MESSAGE

1.1 Greeting from the Head of EKF

As we eagerly anticipate the upcoming 2024 EKF Senior Championships to be held in Zadar, Croatia, from May 8 to 12, 2024, I am filled with immense pride and enthusiasm. This event marks a significant moment for the sport of Karate in Europe, bringing together the best athletes from our continent in a celebration of skill, dedication, and sporting spirit.

The EKF Senior Championships serve as a testament to the strength and unity of the European Karate community. It is a platform where competitors showcase their exceptional talents, pushing the boundaries of excellence and inspiring the next generation of Karate enthusiasts.



I would like to extend my heartfelt gratitude to the Croatian Karate Union and its esteemed President, Davor Cipek, for their unwavering commitment and collaboration in organising this prestigious event. Their dedication to the sport and their exceptional organisational skills plays a pivotal role in ensuring the success of the championships.

Croatia's rich history and passion for Karate provide an ideal backdrop for this gathering of elite athletes. Nonetheless, Croatia has become a major hub of Karate since the country hosts one of the most popular and anticipated events of the year, the WKF Youth Camp in Porec; the nation, located at the crossroads of Central and Southeast Europe, has also welcomed memorable tournaments such as Karate 1-Youth League events since 2018, the EKF Senior Championships in 2009 and 2021, and the EKF Cadet, Junior & U21 Championships in 2004, to name a few. I am confident that Zadar will not only be a spectacular host but will also create an atmosphere that elevates the competition to new heights.

As we come together in Zadar, let us embrace our values, and the honour, and respect that define the essence of Karate. May the championships be a source of inspiration, fostering lasting memories and friendships within our Karate community.

Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

Antonio Espinós
President
European Karate Federation (EKF)

1.2 Greetings from the Minister of Tourism and Sports

Dear sports friends, dear athletes, dear Karate enthusiasts,

I am very pleased that Croatia will once again gather the best karate players in Europe at the 59th EKF Senior Championships in the beautiful town of Zadar.

Croatia is a country of sports in every aspect – not only by the results achieved by our athletes at the world and European level, but also through our extensive experience in hosting of the biggest sports competitions.

That is why I am glad that the European Karate Federation has recognized that Croatian Karate Union and Croatia can successfully host another important competition, and I am sure that the championship in Zadar will not only meet but also exceed expectations. In addition to being one of Croatia's famous coastal destinations, with a wonderful Old Town brimming with cultural and historical heritage, Zadar is also a city that lives for sport and a home to many Croatian sport legends. I believe that competing in such an environment will be additional motivation for the karate players in this Championship.

Dear athletes, I wish you a warm welcome to Croatia and hope that this championship will be a wonderful memory in your sporting career. I am sure that we will all enjoy top fights, but also invite you to experience the rich offer in this charming city of great sporting successes, interesting history and rich cultural and natural heritage.



Nikolina Brnjac

Minister of Tourism and Sports

1.3 Greeting from the Head of the host NF

Dear karate friends,

With great pleasure and anticipation, we extend a warm welcome to all participants, officials, and supporters to the European Seniors Karate and Para-Karate Championships Zadar 2024. This prestigious event is set to take place in the beautiful city of Zadar, Croatia, showcasing the spirit of unity, sportsmanship, and excellence in the martial arts.

As the host nation, we are honored to welcome hundreds of talented athletes from approximately fifty European countries. The diversity and skill that each participant brings to the championships, promise to make this a truly remarkable and unforgettable experience for all involved.

These championships serve as a platform for both competition and a celebration of the rich cultural tapestry that unites us all through the art of karate. Zadar, with its historic charm and scenic beauty, provides a fitting backdrop for this gathering of karate enthusiasts from across the continent.

May this event be a testament to the continuing spirit of the karate community, surpassing borders and bringing us together in the pursuit of excellence. We wish each participant the very best, and look forward to witnessing the unstoppable spirit and skill on display throughout the championships.

Welcome to Zadar, Croatia, where the heart of European karate beats as one.



Davor Cipek

President of the Croatian Karate Union

2 INTRODUCTION EKF SENIOR CHAMPIONSHIPS

The EKF Senior Championships Zadar 2024 will be held next May 8th-12th, in Zadar, Croatia.

3 COMPETITION INFORMATION

3.2 Categories

Individual categories

Individual Kata (age +16)	Male Individual Kumite (age +18)	Female Individual Kumite (age +18)
Female	-60 Kg.	-50 Kg.
Male	-67 Kg.	-55 Kg.
	-75 Kg.	-61 Kg.
	-84 Kg.	-68 Kg.
	+84 Kg.	+68 Kg.

Team Categories

Team Kata (age+16)	Team Kumite (age +18)
Female	Female
Male	Male

3.3 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by 8th May 2024.

4 CONTACTS INFORMATION

4.1 Organizers contact details

Croatian Karate Union

Address: Trg Krešimira Čosića 11, 10000 Zagreb, CROATIA

Contact email: zadar2024@karate.hr

4.2 Local Organising Committee contact details

Organising Committee – zadar2024@karate.hr

Accommodation – ekfkarate2024@uniline.hr

Transportation - ekfkarate2024@uniline.hr

18.3 EKF Organising Commission contact details

Mr Tervel Zwjatkow – Chairman: tervel.zwjatkow@gmail.com

4.3 Safe Sport contact

EKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the Tervel Zwjatkow, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the [WKF Official Complaint Form](#) and sent to: safekarate@wkf.net

5 REGISTRATION

5.1 Online registration for athletes

Online registration can be made from 19th February until 23rd April under the following link:

[ATHLETES
REGISTRATION](#)

5.2 Online registration for officiating coaches

Online registration can be made from 19th February until 23rd April under the following link:

No coach can register if he/she is not in possession of the EKF Kumite and/or Kata Coach certification level.

[COACHES
REGISTRATION](#)

5.3 Online registration for referees

Online registration can be made from 19th February until 23rd April under the following link:

[REFEREE
REGISTRATION](#)



5.4 Onsite Registration & Accreditations

Registration will be arranged in Fortis Club on Tuesday, 7th May from 09:00 to 16:00 hours.

Each change made after the closure of the online registration, as well as each new onsite registration, will incur a surcharge fee of 50€ per individual, in addition to the correspondent registration fee.

Cash payments in person at the registration will be accepted. No other methods of payment will be accepted at that stage.

Timeslots will be required by every NF according with their preferences, delegations that do not have a reserved time for registration, will be attended when the registration ends after 14:00.

In the registration room only will be available two people in charge per country to make the registration of each delegation, these persons will show all the required documents and the original passport of all the members of their delegation.

Referees and Press will make the registration in a separate desk, at the same time as their delegations.

5.4.1 Required documents

Each participating country is requested to provide 2 national flags and a CD with the national Anthem during the registration.

On registration day all participants must submit **printed** a Waiver of Liability Form (Only 1 of the following per person):

- a) NF Representative & Team List
- b) Individual +18 years old
- c) Individual - 18 years old (Parental Consent required)



The NF Representative takes full responsibility for the validity of all signatures and information provided.



6 EVENTS SCHEDULE

Monday 6 th May – HQ Hotel		
12:00 – 15:00	Registration for EKF Coaches' Programme	HQ Hotel – Room Nevera
16:00 – 17:30	Accredited Coach Briefing	
17:45 – 18:30	Kumite Coach Exam	
18:45 – 19:30	Kata Coach Exam	
19:30 – 20:30	Certified Kata/Kumite Results and Accreditations delivery	
Tuesday 7 th May- HQ Hotel		
TIME	EVENT	ROOM
9:00 – 16:00	Registration for Delegations	Fortis Club
9:00 – 17:00	Weigh in Female	Fortis Club / Fitness and Pilates Room
9:00 – 17:00	Weigh in Male	Fortis Club / Yoga Room
09:00 - 11:00	EKF Executive Committee meeting	HQ Hotel / Room Nevera
10:00 – 11:00	EKF Medical Commission meeting	HQ Hotel / Room Burin
14:00 – 15:00	EKF Referee Commission meeting	HQ / Room Nevera
15:00 – 18:00	EKF Congress	Fortis Club
16:00 – 17:00	TM & TMAS Meeting	HQ Hotel / Room Burin
17:30 – 18:30	Referee Licence Renewal Exam	HQ Hotel / Room Nevera
18:30 – 19:30	Open Draw All Coaches	HQ Hotel / Room Levant
20:00 – 21:00	EKF Referee Briefing	Fortis Club
Wednesday 8 th May- HQ Hotel		
TIME	EVENT	ROOM
09:00 – 11:00	EKF Technical Commission meeting	HQ Hotel / Room Burin

7 COMPETITION PROGRAMME

The competition will take place at the Krešimir Ćosić Hall, at Splitska ulica 3, 23000 Zadar.

WEDNESDAY 08/05/2024	ACTIVITY	PLACE
Kata Individual - Eliminations - Performances		
9:30	FEMALE	Venue
11:00	MALE	Venue
Kumite Individual - Eliminations & Repechages		
12:30	Female + 68 kg Eliminations & Repechages	Venue
13:45	Male + 84 kg Eliminations & Repechages	Venue
15:00	Female - 68 kg Eliminations & Repechages	Venue
16:15	Male - 84 kg Eliminations & Repechages	Venue
17:30	Female - 61 kg Eliminations & Repechages	Venue
18:45	Male - 75 kg Eliminations & Repechages	Venue
THURSDAY 09/05/2024	ACTIVITY	PLACE
Kata Team - Eliminations - Performances		
9:30	Male & Female	Venue
Kumite Individual - Eliminations		
11:30	Male - 67 kg Eliminations & Repechages	Venue
12:45	Female - 55 kg Eliminations & Repechages	Venue
14:00	Male - 60 kg Eliminations & Repechages	Venue
15:10	Female - 50 kg Eliminations & Repechages	Venue
16:30	Kumite Team Male - Previous matches - until 16 teams	Venue
17:30	Kumite Team Female - Previous matches - until 16 teams	Venue

FRIDAY 10/05/2024	ACTIVITY	PLACE
ELIMINATIONS & SEMIFINALS		
09:00	Kumite Team Male & Female - Eliminations	Venue
13:00	Para Karate All Categories (including Bronze medals)	Venue
17:00	OPENING CEREMONY	Venue
18:15	Kumite Team Male & Female - Repechages	Venue

SATURDAY 11/05/2024	ACTIVITY	PLACE
BRONZE MATCHES		
09:30 - 09:45	Kumite Female + 68 kg	Venue
09:45 - 10:00	<i>Kumite Male + 84 kg</i>	Venue
10:00 - 10:15	Kumite Female - 68 kg	Venue
10:15 - 10:30	Kumite Male - 84 kg	Venue
10:30 - 10:45	Kumite Female - 61 kg	Venue
10:45 - 11:00	Kumite Female - 55 kg	Venue
11:00 - 11:15	Kumite Male - 75 kg	Venue
FINALS		
12:00 - 12:08	Kumite Female + 68 kg	Venue
12:08 - 12:15	Kumite Male + 84 kg	Venue
12:15 - 12:23	Kumite Female - 68 kg	Venue
12:23 - 12:30	Kumite Male - 84 kg	Venue
12:30 - 12:45	MEDALS AWARD	Venue
12:40 - 12:48	Kumite Female - 61 kg	Venue
12:48 - 13:05	Kumite Female - 55 kg	Venue
13:05 - 13:13	Kumite Male - 75 kg	Venue
13:13 - 13:25	MEDALS AWARD	Venue
13:25 - 13:45	Para Karate - Kata Male & Female - Intellectually Impaired (K21 & K22)	Venue
13:45-13:55	MEDALS AWARD	Venue



BRONZE MATCHES		
15:30 - 15:45	Kata individual Female	Venue
15:45 - 16:00	Kata individual Male	Venue
16:00 - 16:15	Kumite Male - 60 kg	Venue
16:15 - 16:30	Kumite Female - 50 kg	Venue
16:30 - 16:45	Kumite Male - 67 kg	Venue
16:45 - 17:30	Kumite Team Female	Venue

FINALS		
18:00 - 18:08	Kata individual Female	Venue
18:08 - 18:15	Kata individual Male	Venue
18:15 - 18:25	MEDALS AWARD	Venue
18:25 - 18:33	Kumite Male - 60 kg	Venue
18:33 - 18:40	Kumite Female - 50 kg	Venue
18:40 - 18:48	Kumite Male -67 kg	Venue
18:48 - 19:05	MEDALS AWARD	Venue
19:05 - 19:30	Kumite Team Female	Venue
19:30 - 19:50	Para Karate - Kata Male & Female - Visually Impaired (K10)	Venue
19:50 - 20:05	MEDALS AWARD	Venue

SUNDAY 12/05/2024	ACTIVITY	PLACE
BRONZE MATCHES		
09:00 - 09:30	Kata Team Male	Venue
09:30 - 10:00	<i>Kata Team Female</i>	Venue
10:00 - 11:10	<i>Kumite Team Male</i>	Venue



FINALS		
12:00 - 12:15	Kata Team Male	Venue
12:15 - 12:30	Kata Team Female	Venue
12:30 - 12:45	MEDALS AWARD	Venue
12:45 - 13:20	Kumite Team Male	Venue
13:20 - 13:50	Para Karate - Kata Male & Female – Wheelchair Athletes (K30)	Venue
13:50 - 14:10	MEDALS AWARD	Venue
14:15	CLOSING CEREMONY	Venue

The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

In case of a number of registrations lower than the limits, the organization reserves the right to anticipate some categories.

Detailed information will be communicated at due time.

8 SPECIFIC INFORMATION FOR PARA-KARATE

8.1. Key Dates

- **The deadline for registration is 12th April.**
 - Athletes who do not have mandatory medical documentation filled out and signed by a medical doctor will be removed from the list after 12th April.
- **The deadline for reviewing medical documentation by WKF para-karate commission is 26th April.**
 - Athletes who do not meet the minimum eligibility criteria will be removed from the waiting list after 26th April.
 - Athletes who have not been confirmed to the EKF by the VIRTUS office will also be removed from the waiting list after 26th April.

8.2. Para-Karate Activities' Schedule

TUESDAY 7 th MAY		
10:00 – 16:00	Registration for Delegation	Fortis Club / Lobby

THURSDAY 9 th MAY		
10:00 – 18:00	Para-karate Athletes Classification Session Mandatory for selected athletes	HQ Hotel Room Levant
19:30 – 20:00	Para-karate Open Draw	HQ Hotel Room Levant
20:00 – 20:30	Para-karate Coach Meeting	HQ Hotel Room Levant

*Activities' schedule might be subject to changes after the registration is closed



8.3. Para-Karate Categories

Para-Karate Categories			
Male (age +16 years)		Female (age +16 years)	
Blind/Visually Impaired Athletes	K10	Blind/Visually Impaired Athletes	K10
Intellectually Impaired Athletes (IQ 75 or less)	K21	Intellectually Impaired Athletes (IQ 75 or less)	K21
Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22	Intellectually Impaired Athletes severe impairment (e.g., Down Syndrome)	K22
Wheelchair Athletes	K30	Wheelchair Athletes	K30

8.4. Para-Karate registration

- Online registration can be made under the [following link](#).
- All athletes registered shall be on the waiting list.
- During the registration procedure upload all essential Para-Karate athlete's medical documentation to the Sports ID Para-Karate athlete's profile (these uploaded documents do not need to be sent by email to the HQ).
- Only those athletes having their documents uploaded until the end of registration and having an eligible impairment ([see the list of eligible impairments](#)) may be moved from the “waiting list” to the actual list of registered athletes for the event.
- An athlete without eligible impairment according to the WKF para-karate rules and regulations will not be moved from the waiting list.
- The Head of para-karate classification can ask for supplemental medical documentation to prove the underlying health condition of the athlete.

The mandatory forms can be found in the following links:

For all athletes:

- [Athlete Evaluation Consent Form](#)
- WKF - [Therapeutic Use Exemption \(TUE\) Application Form](#) (**only in case the athlete uses WADA prohibited medication**)
- **MEDICAL DIAGNOSTIC FORMS**

For Visually Impaired Athletes: [K10 Medical Diagnostic Form](#)

For Wheelchair Athletes: [K30 Medical Diagnostic Form](#)



For Intellectually Impaired Athletes: [K21 and K22 Medical Diagnostic Form](#)

[K21 and K22 Eligibility Guidance Notes](#)

[K22 AAI Screening](#) (athletes classified before 2023)

- To be considered eligible to compete as an athlete with an intellectual impairment (K21 and K22), athletes **must fulfil the international eligibility criteria as defined by VIRTUS.**
- Athletes must have their VIRTUS international eligibility confirmed to EKF by the VIRTUS office at the end of registration. Athletes who do not meet the VIRTUS eligibility requirements will be removed from the waiting list and will not be able to compete.
- We suggest you contact your national representative of the VIRTUS (INAS) <https://www.virtus.sport/member> or your National Paralympic Committee at least 12 weeks before the event. However, should you require any assistance, or there is no VIRTUS representative in your country, please contact the Para-karate Commission Chairwoman at wkfparakarate@gmail.com to be able to solve any incidents in time for the EKF Championships.

All documents MUST be attached in English for ALL registered athletes.

All MDFs must be completed by a registered Medical Doctor, M.D.

- Selected athletes must attend the classification session on 9th May.
- Please see the [Para-karate registration checklist](#) before the completion of the registration of the Para-Karate athletes (schedule of the classification will be uploaded on Sportdata download section at least one day before the classification (it depends on the number of registrations)).

8.5. Para-Karate athletes per category

Every nation can register three (3) Para-Athletes per sport class. In total, 24 athletes can be called by each nation.



8.6. Classification session

Classification in Para-Karate K10 and K30 sport classes consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: <https://www.wkf.net/sport-parakarate>.

Please, check the Para-karate Classification rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

- New registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on 9th May.
- A timetable of classification and the list of athletes who have to attend the classification session will be published after the registration online.
- Attendance to the Classification Session is obligatory for all new athletes, for athletes with sport class status review listed in the classification session timetable.
- Without a participation in such event, it is not possible to take part in the championships.

The following documents must be provided at the classification session:

1. Accreditation of the athlete.
2. ID card or Passport of the athlete.
3. Original MDFs, TUE (if necessary), Consent Form as provided prior with the registration.
4. Original diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration.

The following equipment must be checked at the classification session:

- FOR VISUALLY IMPAIRED ATHLETES (K10) - IBSA standardized Blindfolds (Goalfix Eclipse total blackout eyeshades, TRANSITION PERIOD 1.1.2023 – 31.12.2023)
- FOR INTELLECTUALLY IMPAIRED ATHLETES (K21 and K22) – sport glasses (if needed)
- FOR WHEELCHAIR USERS (K30):
 - Competition wheelchair
 - Leg straps (if needed)
 - White shoes and socks for competition.



8.7. Coaches and personal assistants

- Maximum of three coaches can be registered for Para-Karate per Nation.
- Any coach wishing to be registered will need to be in possession of the EKF Kumite and/or Kata Coach certification level.
- Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.
- Coaches and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session only.
- All athletes must use the same sportswear and equipment for classification as they use during competitions.
- Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents and equipment mentioned above. Extra points will be given based on the Medical Diagnostic Form.
- During the medal bouts, male coaches and personal assistants are required to wear a dark suit, shirt, and tie while female coaches and personal assistants may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colours.

8.8. Rules

WKF Para-Karate Rules in force will apply, for more information, please visit the following [site](#).

8.9. Anti-doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. If any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.



9 COACHES' PROGRAMME

Please find below all information of the Programme for EKF Coaches that is going to be taking place in Zadar (Croatia) on occasion of the 59th European Senior Championships 2024.

The minimum level required for coaches to take part in EKF Championships is the:

“EKF Kumite/Kata Coach” certification (coach level 2)

It is possible to homologate a WKF Kumite and/or Kata Coach (coach level 2) license by the EKF, only during the online registration period, until April 23rd. After this date no homologations will be accepted.

To do so, you must fill in the form: “Request for the Homologation of a WKF Coach Certification by the EKF” and send it to the e-mail; ekf@ekf.com.es, together with the bank proof of payment of the homologation fee.

After receiving the written approval of EKF homologation, you can register to officiate as a coach at the event.

Note: The WKF Accredited Coach license (coach level 1) is not homologated by the EKF.

For those wishing to obtain a EKF Coach license, successful participation in the EKF Coaches' course is required.

9.1 Online Registration

The online registration to take part in the “Accredited Briefing & Kata/Kumite Coach Exam” will open on 19th February at 12:00 (GMT +0) and will close on 23rd April at 12:00 (GMT+0). The link to register in the “Accredited Briefing & Kata/Kumite Coach Exam” is:

EKF COACH COURSE
[REGISTRATION](#)

All coaches registered online for the coaches' course must reconfirm the online registration at the onsite coaches' registration to be authorised to access the course room.



9.2 Onsite Registration

The onsite registration to take part in the “Accredited Briefing & Kata/Kumite Coach Exam” will take place on Monday, 6th May, from 12:00 – 15:00 hrs at HQ Hotel – Room Nevera.

All coaches whose payment of the registration fee for the EKF Zadar 2024 Coaches Programme has been processed by bank transfer, must present the copy of the corresponding payment receipt to the EKF Treasurer at the on-site Coaches Registration for the issuance of the corresponding invoice and entry authorisation form to be presented for access to the coaches' course room.

Coaches will not be allowed to register and paid for the course outside these hours.

9.3 Coaches' Course Schedule

Only those coaches who have re-confirmed their attendance onsite (see above) will be allowed to enter the course room by showing the corresponding invoice and entry authorisation.

DATE	HOUR	ACTIVITY	PLACE
MONDAY 06/05/2024	12:00 – 15:00	Registration for EKF Coaches' Programme	HQ Hotel – Room Nevera
	16:00 – 17:30	Accredited Coach Briefing	
	17:45 – 18:30	Kumite Coach Exam	
	18:45 – 19:30	Kata Coach Exam	
	19:30 – 20:30	Certified Kata/Kumite Results and Accreditations delivery	



9.4 Fees and payment

We would like to remind you that the fees for the Programme for EKF Coaches are as follows:

Briefing for “Accredited Coach” level:	200 EUR
Examination for “Certified Kumite Coach”:	150 EUR
Examination for “Certified Kata Coach”:	150 EUR
Both Examination for “Certified Kumite Coach” and “Certified Kata Coach”:	200 EUR
Homologation WKF* Level (Kumite and/or Kata ONLY):	150 EUR

*After the online registration closes on April 23rd, 2024, no homologations will be accepted.

Payment for the Programme for EKF Coaches should be preferably made by Bank Transfer to the bank account listed below:

Account Name: EUROPEAN KARATE FEDERATION
Bank Name: CAIXABANK
Bank Address: Alberto Aguilera, 26 – 28008 Madrid – SPAIN
Account Number:

- IBAN: ES06 2100 3415 6122 0008 1707
- BIC/SWIFT Code for all Account Numbers: CAIXESBBXXX

VERY IMPORTANT: To avoid possible incidences, it is essential to indicate to your bank when you made the bank transfer the CONCEPT by which the payment is made.

During the onsite registration, all payments must be made CASH. No other methods of payment will be accepted.



10 EKF APPROVED PROTECTIONS & TATAMIS

SPORT PROTECTIONS “WKF Approved”



*Click on the logos

DISTRIBUTORS ASSISTANCE “WKF Approved”

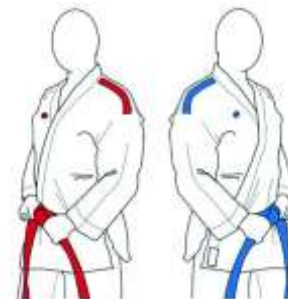
*Click on the image to visit the distributors by countries.



OFFICIAL KARATEGI

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED** or **BLUE** are of mandatory use in EKF Continental Championships.

The authorized companies to use these karategis models are:



<u>ADIDAS</u>	<u>ARAWAZA</u>	<u>BESTSPORT</u>	<u>BUDO-NORD</u>
<u>DAEDO</u>	<u>HAYASHI</u>	<u>PUNOK</u>	<u>SHUREIDO</u>
<u>SMAI</u>	<u>TOKAIDO</u>	<u>WACOKU</u>	<u>WESING</u>
<u>BLITZ</u>	<u>FIGHT ART</u>	<u>FUJIMAE</u>	<u>HAYATE</u>
<u>HIROTA</u>	<u>IPON</u>	<u>ITAKI</u>	<u>KAITEN</u>
<u>KAMIKAZE</u>	<u>KIHON</u>	<u>KO</u>	<u>KWON</u>
<u>MACS</u>	<u>MIZUNO</u>	<u>MOOTO</u>	<u>MUVON</u>
<u>NAGASHI</u>	<u>SFJAM NORIS</u>	<u>TOKYODO</u>	

*Click on the logos

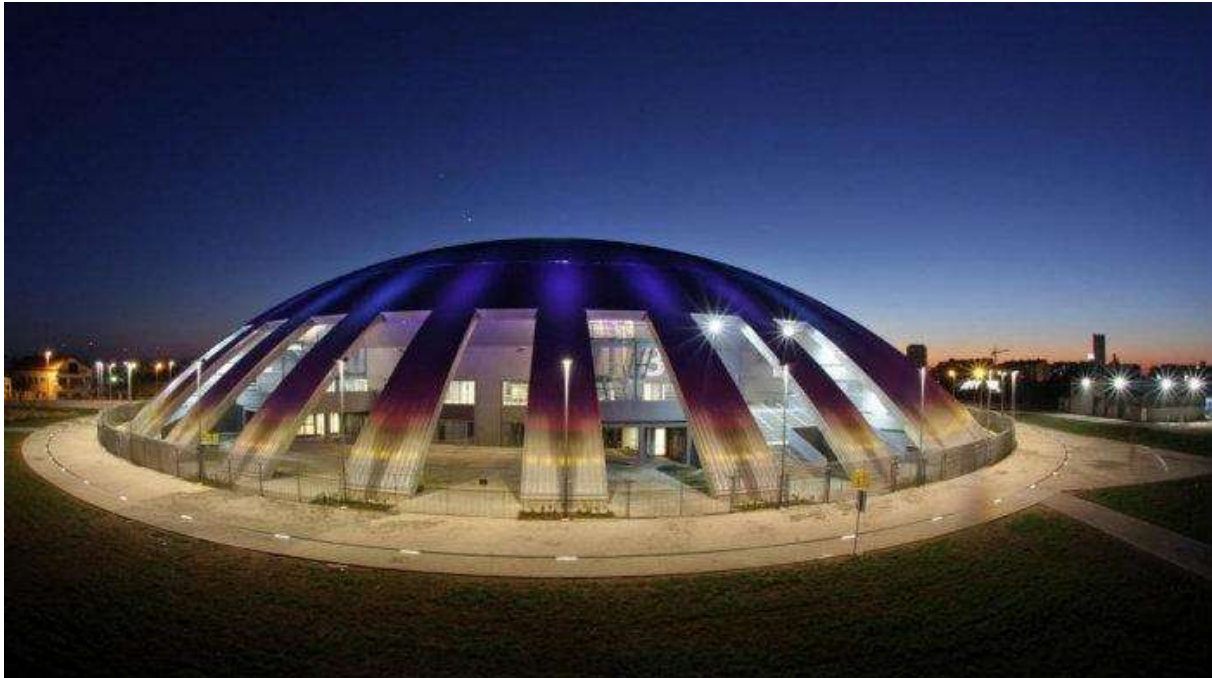
TATAMIS “WKF Approved”



*Click on the logos

11 COMPETITION VENUE

SPORTS CENTER VIŠNJK
Krešimir Ćosić Hall
Splitska ulica 3
23000 Zadar



OFFICIAL TATAMI FOR THIS TOURNAMENT

12 TICKET FOR SPECTATORS

- 13 All spectators are kindly advised that access to the venue for spectator will be free of charge for 59th European Seniors Karate and Para-Karate Championships, happening in Zadar from May 8th to 12th, 2024.

14 TRAINING FACILITIES - BOOKINGS

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application through email zadar2024@karate.hr must be received before April 15th.

Transportation to the training area will be provided at a cost. For the Training inquires, requests and bookings, please send mail to ekfkarate2024@uniline.hr

15 MEDIA

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

[PRESS
REGISTRATION](#)

A mixed zone will be available for accredited journalists and photographers.

Video recording will not be allowed

Should you need more information about press or media related issues, please directly contact the European Karate Federation's office: press@wkf.net

16 ANTIDOPING EDUCATION

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules. Click the [here](#) to take an Anti-Doping Education & Learning Course and learn more about your responsibilities and visit our [website](#). In exchange for a few hours, you help keep karate a clean sport.



Course Recommendations

- International-level Athletes Education
- High Performance Coach Education
- Medical Professionals Education
- Parents of Elite Athletes Education

17 CITY / COUNTRY INFORMATION

17.1 About Zadar

Zadar, located on the Adriatic coast of Croatia, is a historic city with a rich cultural heritage and stunning coastal scenery. Its well-preserved Old Town features ancient Roman ruins, medieval churches, and charming cobblestone streets. One of Zadar's most iconic attractions is the Sea Organ, an innovative art installation that produces musical sounds using the natural movement of the waves. The city is also home to the Sun Salutation, a solar-powered installation that creates a mesmerizing light show at sunset. Zadar's diverse culinary scene, beautiful beaches, and vibrant atmosphere make it a popular destination for tourists seeking a blend of history, art, and coastal beauty.

17.2 How to get to Zadar

17.2.1 Flight

Zadar has its own airport, which is only 11 kilometers away from the town. However, there are several more airport suggestions in Croatia you can explore.

1. Zadar Airport - <https://www.zadar-airport.hr/>
2. Split Airport - <https://m.split-airport.hr/index.php?lang=en>
3. Zagreb Airport - <https://www.zagreb-airport.hr/en>

17.2.2 Bus

You can look up timetables for buses to and from Zadar on the [Zadar Bus Terminal](#) website. You will find routes from and to all the major towns, cities and places in Croatia, such as Zagreb, Split, Dubrovnik, Rijeka, Sibenik and elsewhere.

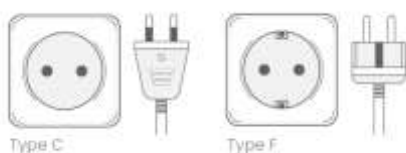
17.3 Practical Information

Language: Croatian, but mostly everyone speaks good English.

Currency: EURO as of January 2023. Croatian kunas are no longer currency you can pay within Croatia.

Time zone: GMT+1

Power plugs and sockets: Croatia operates on a 230V supply voltage and 50Hz.



18 ACCOMMODATION AND TRANSFERS

18.1 HQ Hotel

HOTEL IADERA 5*

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14km



Resort Punta Skala Map



18.2 Official hotels

HOTEL DIADORA 5* - **SOLD OUT**

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14 km



APARTMENTS SENIA 4*

Address: Resort Punta Skala, 23231, Petrčane

Distance from the sports hall: 14 km



FUNIMATION HOTEL 4* - **SOLD OUT**

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km



ADRIANA HOTEL 4*- **SOLD OUT**

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km



DONAT HOTEL 3*

Address: Ul. Majstora Radovana 7, 23000, Zadar

Distance from the sports hall: 5km



18.3 Hotel Prices

Reservations can be made through the official agency's email.

Email: ekfkarate2024@uniline.hr

HOTELS	RATES			RATES			RATES		
	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE
	BED & BREAKFAST			HALF BOARD			FULL BOARD		
HQ IADERA 5*	200,00 €	140,00€	/	220,00€	160,00€	/	260,00€	200,00€	/
DIADORA 5* (SOLD OUT)	185,00€	120,00€	/	205,00€	140,00€	/	225,00€	160,00€	/
APARTMENTS SENIA 4*	/	100,00€	/	/	120,00€	/	/	140,00€	/
FUNIMATION 4* (SOLD OUT)	140,00€	90,00€	/	160,00€	110,00€	/	180,00€	130,00€	/
ADRIANA 4* (SOLD OUT)	140,00€	90,00€	/	160,00€	110,00€	/	180,00€	130,00€	/
DONAT 3*	80,00€	65,00€	/	95,00€	80,00€	/	110,00€	95,00€	/

*Rates (in EUR) are per person per night, city tax is not included in the price.

The listed rates are valid for bookings until the 1st of March. For all bookings made after that date, the rates will increase by 10%.

Check in: 14:00 | Check out: 10:00



In order to secure the reservation, at least 50% of the total amount has to be paid within 24 hours of making the reservation and receiving confirmation of availability from Uniline operators. The rest of the payment has to be made by 15th April. After the bank transfer is done, a guest needs to send proof (confirmation) of payment received from the bank to the email address: Otherwise, Uniline will not be obligated to carry out the services. Confirmation is subject to availability. Please bear in mind that accommodation capacity is limited, and the reservations will be confirmed on a first come, first served basis. The organization reserves the right not to accept further reservations once the limit is reached. To ensure the best possible accommodation for all athletes, please make your reservations as soon as possible.

CANCELLATION POLICY

Until April 01st: no penalties

Between April 02nd and April 15th: 50% penalties

After April 15th: 100% penalties.

18.4 Transport Services

Reservations at: ekfkarate2024@uniline.hr

	SEDAN		MINIVAN		MINIBUS		BUS	
	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY	RATES	MAX. CAPACITY
Airport Zagreb - Zadar	370,00€	3	450,00€	6	1.200,00€	14	1.400,00€	49
Airport Zadar - Zadar	50,00€		60,00€		160,00€		420,00€	
Airport Split - Zadar	240,00€		270,00€		470,00€		780,00€	

18.5 Meals at the Venue

Reservations and info at: ekfkarate2024@uniline.hr

19 VISA REQUIREMENTS

As of 1 January 2023, the Schengen acquis is in full application in the Republic of Croatia as a [Schengen area Member State](#). The visa regime of the Republic of Croatia is part of the EU acquis.

More information on visa procedure and a search engine defining conditions per country can be found [here](#).

Invitation letters should be requested to zadar2024@karate.hr by 1st of March 2024, at the latest.

20 OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in EKF Regulations.



KARATE

59th EUROPEAN
CHAMPIONSHIPS
ZADAR 2024

